



2020 College Club Swimming NATIONAL CHAMPIONSHIP

April 10-12 | Greensboro Aquatic Center | Greensboro, NC

**Hosted by Club Swimming the
University of North Carolina – Chapel Hill**

MEET INFORMATION PACKET

Athlete Registration Opens: February 3, 2020
Meet Submission Deadline: March 15, 2020 at 11:59 EST
Athlete Entry Deadline: March 25, 2020 at 11:59pm EST
President Confirmation: March 26-30, 2020 at 11:59pm EST
Final Changes Due: April 1, 2020 at 11:59pm EST

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FACTS ABOUT THE MEET

Sanctions

Club Swimming at the University of North Carolina – Chapel Hill is currently in the process of obtaining sanctions from U.S. Masters Swimming and North Carolina Swimming. This meet packet will be updated once the sanctions have been granted.

Meet History

Formerly known as the East Coast Collegiate National Championships, Georgia Tech Swim Club first hosted this meet with 6 clubs and 73 swimmers in attendance in its inaugural year, 2004. With the elimination of many varsity swimming programs across the country, the collegiate club scene has seen a spike in participation over the past 15 years; the meet has grown into the largest and fastest collegiate swim meet outside of the NCAA. Our national governing body, College Club Swimming, was formed in 2017 in partnership with US Masters Swimming. Last year, the Second Annual College Club Swimming National Championship was held in March 2019 and hosted by Club Swimming at Ohio State. The meet was attended by 1,863 athletes representing 118 clubs. 23 national meet records and 38 CCS records were broken. Georgia Tech took the overall trophy, with the Ohio State University and the University of Virginia placing second and third.

The Third Annual College Club Swimming National Championship

There are a few changes to this year's National Championship. Please read this document carefully. CCS will have representation at the event and will be available full-time for comments and questions.

REMINDERS AND MAJOR CHANGES

Entry Deadlines

There will not be a late deadline for athletes this year. All entries will be due Wednesday, March 25, 2020. If athletes are added to a club's roster after this date (during the confirmation period), their club will be subject to a \$100 late entry fee. Please see [Page 19](#) for more information.

Relays

The 4x50 Medley, 4x50 Freestyle, and 4x100 Freestyle Relays will compete as prelims/finals events. Clubs must place in the top-20 in prelims in order to qualify for finals. Clubs will be provided relay cards so that relay teams can be changed between prelims and finals. For more information, please see [Page 13](#).

Divisional Scoring

At this year's National Championship, clubs will be divided into small, medium, and large divisions. The top-20 scoring format will remain the same as previous years. Any points earned by a club will be used to compete against other clubs in its division. For more information, please see [Pages 14-15](#).

Flighted Sunday Prelims

Taking into consideration the Easter holiday, the Sunday prelims session of the meet will be flighted. It will go as follows: the 10 fastest heats of each event will be swum, from the first event of the day to the last, as the first wave. After the first wave is completed, the rest of the events will be swum, from the first event of the day to the last, as the second wave. About 30 minutes after the conclusion of the second wave, we will begin Sunday finals. This will allow the meet to end earlier in the day to accommodate those observing the holiday. For more information, please see [Page 7](#) and [Appendix B](#).

Swimmers with Disabilities

All disabled swimmers who wish to compete in the National Championship must meet the [USA Swimming Para-Motivational Sectional Time Standards](#) in order to be eligible for CCS National competition. Please see [Page 16](#) for more information.

MEET ADMINISTRATION

Facility Address

Greensboro Aquatic Center
1921 W Gate City Blvd.
Greensboro, NC 27403

Pool Manager

Susan Braman
Susan.Braman@greensboro-nc.gov
(336) 315-8489

Meet Director

Rachel Redmond
ccs.nationals@gmail.com
(704) 589-2791

Meet Referees

Lynne Klauer
Lynn.klauer@usdoj.gov

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Laura Traugot
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(919) 324-4669

Beth Burge
BurgeB@labcorp.com

Meet Committees

Apparel & Awards

Ben Humphries & Marissa James

Media & Marketing

Ava Eucker, Hannah House & Olivia Begos

Sponsorships & Hospitality

Sarah Redmond, Ellen Robertson & Jackson Berry

Team Registration

Catherine Chen, Lauren Hill & Anna Blout

Venue Logistics

Janie Oberhauser, Polina Cherkez & Lindsey Oldt

Volunteers

Adam Coleman, Elizabeth Baker & Marisa Deininger

SITE INFORMATION

About the Facility

Opened in 2011, the Greensboro Aquatic Center (GAC) has become one of the top aquatic venues in the United States. It is one of the key facilities on the Greensboro Coliseum campus, the premier sports and entertainment complex in the Southeast.

The GAC hosts a myriad of sports, including swimming, diving, water polo, and synchronized swimming, among others. It has hosted NCAA, USMS, YMCA, and ACC Championships, as well as high school championships and various swim meets. According to their website, the “estimated economic impact of GAC events exceeds \$150 million.”

The GAC contains four pools, with its most recent expansion providing an extra 19 short course and 8 long course lanes. It has a total seating capacity of 2,500 seats. We are thankful to have the GAC as our host venue for the 2020 FINIS CCS National Championship!

Omega Timing System and full-color scoreboard will be used. Pool depth ranges from 9' to 10'. Starting blocks have track start capabilities and backstroke start extenders. Spectator and participant seating is available. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Each competition course has ten lanes, with two eight lane pools used for warm-up and warm-down during competition.

Tentative Parking Information

Parking passes will be provided to officials, meet administration, vendors, and other staff.

Parking at the Greensboro Coliseum will be \$5 per vehicle per day, with the ability to leave and return to the venue. Credit and debit cards (EXCEPT American Express) are accepted at all Greensboro Coliseum parking lot entrances. For a map of the Coliseum and its parking lots, please click [HERE](#).

Hotel Information

Hotel Block Booking Information is located [here](#) and will be updated if there is a need for more availability. If you have any questions regarding hotels or need assistance, please contact Hill Carrow at hcarrow@sportsproperties.com.

MEET SCHEDULE

Swimming

	Prelims		Finals	
	Warm-Up	Start	Warm-Up	Start
Friday			4:00pm	5:30pm
Saturday	7:00am	9:00am	5:00pm	6:00pm
Sunday	7:00am	9:00am	Approx. 30 minutes before the end of the second flight	Approx. 30 minutes after the end of the second flight

The Meet Director reserves the right to modify start times based on the number of entries.

Thursday evening: There will be a warmup period on Thursday, April 9, 2020. The warmup time will be released at a later date. Depending on interest from clubs, we may need to assign warmup groups for this session.

Friday timed finals and Sunday prelims: all Women's events will be held in the South Pool (diving well end), and all Men's events will be held in the North Pool (scoreboard end).

Saturday prelims: all Women's events will be held in North Pool (scoreboard end) and all Men's events will be held in the South Pool (diving well end).

Sunday prelims and finals:

In the interest of time, events on Sunday will be flighted. In prelims, the fastest ten heats of each event will swim first (the first flight). Once the first flight is finished, all other heats of each event will swim (the second flight). Immediately following the second flight, finals will begin.

Following this system, Sunday finals will end earlier than in previous years. See Appendix B for more details about Sunday. A separate document will also be sent out detailing the process further.

Saturday and Sunday finals will be held in the South Pool.

Pool Deck Hours

The pool deck will be open no earlier than 30 minutes prior to the start of warm-ups and no later than 10 minutes prior to the start of warm-ups.

Presidents/Coaches Meetings

Presidents/coaches meetings will occur daily as follows. Every reasonable effort will be made to notify clubs of any changes. The Lessons Pool is located behind the north competition pool (nearest to the scoreboard).

Friday	4:00pm, Lessons Pool
Saturday	7:30am, Lessons Pool
Sunday	7:30am, Lessons Pool

ORDER OF EVENTS

Women	Event	Men
Friday - Timed Finals		
1	4x200 Freestyle Relay	2
3	400 Individual Medley	4
5	200 Backstroke	6
7	200 Butterfly	8
9	200 Breaststroke	10
11	500 Freestyle	12
13	4x100 Medley Relay	14
Saturday - Prelims/Finals		
15	4x50 Medley Relay	16
17	50 Butterfly	18
19	200 Individual Medley	20
21	50 Freestyle	22
23	100 Breaststroke	24
25	200 Freestyle	26
27	100 Backstroke	28
29	4x100 Freestyle Relay	30
31	1000 Freestyle	32
Sunday - Prelims/Finals		
33	50 Backstroke	34
35	100 Butterfly	36
37	50 Breaststroke	38
39	100 Freestyle	40
41	100 Individual Medley	42
43	4x50 Freestyle Relay	44
45	4x50 Mixed Surprise Relay	45

Notes on the Order of Events

1. The following events will be swum as timed finals events:
 - a. 200 backstroke, 200 butterfly, 200 breaststroke
 - b. 400 IM, 500 freestyle, 1000 freestyle (distance events)
 - c. Relays: 4x200 freestyle relays, 4x100 medley relays
2. The following events will be swum fastest to slowest:
 - a. 400 IM, 500 freestyle, 1000 freestyle (distance events)
 - b. All other individual events will be swum slowest to fastest. Relays will also be swum slowest to fastest.
3. The 4x50 freestyle relay, 4x100 freestyle relay, and 4x50 medley relay will be prelims/finals events.
 - a. Clubs may change the order and/or composition of these relays between the prelims and finals sessions. Relay cards will be provided to each club.
4. There are no longer bonus events at Nationals. Swimmers must qualify for each event they wish to swim.
5. More information regarding the 4x50 Mixed Surprise Relay will be published at a later date.
6. More information about the flighted Sunday prelims session will be provided in a document sent out at a later date.

ATHLETE ELIGIBILITY

As per the College Club Swimming Governance Handbook, Section 2.2

Swimming Competition:

Eligibility of Swimmers

- Any swimmer who has gone through the CCS swimmer registration process and meets the CCS eligibility requirements (in section 3.2 of the Governance Handbook) will be eligible to have their times in the CCS database.
- Any swimmer who swims with a college club program but isn't registered with CCS may participate in non-regional or national championship meets but their times will not be reflected in the CCS database.
- Any swimmer who is currently on a varsity team or has competed in a varsity meet in the current academic year may only compete as an exhibition swimmer at the local level and is not eligible for regional or national competition.
- Any swimmer who does not meet the NCAA amateurism eligibility standards may only compete as an exhibition swimmer at the local level and is not eligible for regional or national competition.

Relays

- Relay teams must be composed of four registered CCS swimmers who swim on the same registered CCS club.
- Men's relays must be composed of 4 male swimmers. Women's relays must be composed of 4 female swimmers.

As per the College Club Swimming Governance Handbook, Section 3.2
Membership of Individuals:

The club and its university or college decides who can be a member of their local club team. The below definition is only for eligibility as a nationally-registered CCS swimmer, who will be listed in the CCS database.

To be an individual CCS member, a swimmer needs to be a member of a CCS registered club. They can only be a member of one registered CCS club at a time.

The swimmer must also meet the following requirements:

- Is at least 18 years old on the day of CCS registration.
- Is in good standing with a CCS club affiliated with a university or college.
- Is affiliated with the university as a full-time or part-time undergraduate or graduate student in the current academic term, a full-time co-op/intern student or faculty and staff in the current term.

For any additional questions, please refer to the [College Club Swimming Governance Handbook](#).

CHAMPIONSHIP POLICIES

Swimming Rules & Regulations

The 2020 College Club Swimming National Championships will follow [US Masters Swimming Rules](#) for starts, strokes, turns, relays, and disqualifications. USA-S/USMS certified officials will be onsite to ensure compliance.

Specific rules to make note of include:

- Swimwear for Competition
 - Swimwear shall include only a swimsuit (in one or two parts), no more than two caps, and goggles (a nose clip and ear plugs are allowed).
 - Only swimsuits complying with FINA swimsuit specifications may be worn. Suits with tie-backs or other fasteners, are NOT permitted for competition.
 - Medical tape on the body is not permitted unless approved by the meet referee. K-tape on shoulders, elbows, or knees is never permitted.
 - Violation of any of these rules may result in disqualification. Exceptions may apply for extenuating circumstances at the discretion of the meet referee.
- Protests
 - Protests regarding disqualifications or recorded times shall be submitted to the meet referee within 30 minutes of the event. Protests regarding the conduct of the meet shall be submitted in writing to the designated meet official onsite. If the protest is with the referee, a formal complaint must be sent to collegeclub@usmastersswimming.org within 5 days of the event.

This championship meet is in the process of being officially recognized by United States Masters Swimming and USA Swimming. Times achieved at this event may be considered for USMS national records and Top Ten times for USMS members, and qualification for other USA Swimming Events. Swimmers wishing to have their times must submit their USMS ID# or USA Swimming ID when submitting their entries.

Swim-Off Policy

In the case of ties in preliminary competition which affect the placement of swimmers in finals, USA Swimming swim-off rules shall apply.

Deck Entry Policy

No deck entries will be accepted for individual events, nor for relay events. Swimmers must enter the events they wish to swim no later than the late entry deadline found on the front page of this meet packet or on Page 20.

Relay Line-Up Policy

Each club will be given the following upon checking in at the meet:

- One (1) relay card for each A and B relay competing in the 4x200 free and 4x100 medley relays
- Two (2) relay cards for each A relay and one (1) relay card for each B relay competing in the 4x100 free, 4x50 medley, and 4x50 free relays

The first relay card for all relays will be used to make any changes (if desired) to the line-up prior to the appropriate timed finals/prelims session. It is the responsibility of the president, or another club representative, to submit the correct relay card with the final relay line-up to the clerk of course no later than 1 hour prior to the start of the appropriate timed finals or prelims session. After this time, no changes can be made to that relay's line-up.

The second relay card for the A 4x100 free, 4x50 medley, and 4x50 free relays will be used to make changes to the line-up should the A relay place in the top 20 and qualify for finals. It is the responsibility of the president, or another club representative, to submit the correct relay card with the final relay line-up to the clerk of course no later than 1 hour prior to the start of that evening's finals session. After this time, no changes can be made to that relay's line-up. As a reminder, swimmers who competed in the B relay in prelims or did not compete in the relay at all in prelims are eligible to swim in the A relay in finals.

Scratch Policy

For all individual events that swim in prelims and finals, a scratch policy will be applicable. After results for prelim competition of an event are posted at the clerk of course, swimmers will have 30 minutes from the announcement of results to declare their intentions for finals. Regardless of where a swimmer places in prelim competition, the swimmer and/or the swimmer's club should scratch if the intention is to NOT return to finals that evening (ex: even if a

swimmer places 80th, and only the top 20 make finals, the swimmer should scratch).

Scratching will take place in the following manner:

1. The swimmer or another club representative must print and sign their name, the date, and the event on a designated scratch sheet at the clerk of course table within 30 minutes of posting prelim results on behalf of the scratching swimmer.
 - a. A swimmer may declare their *intent* to scratch depending on the swimmer's standing in future event(s) on the same day, but it is the responsibility of the swimmer to update the Clerk of Course of their intentions following the event(s) they specified.
2. If an entire club is not planning on returning to a finals session, the club president or another representative is responsible for notifying the Clerk of Course and signing off on a club scratch. **Club scratches must be completed no later than the start of the day's prelim session (9:00 AM).**

If a swimmer and/or the swimmer's club fails to scratch and appears in the finals line-up, whether or not the swimmer was originally in the top 20 or not, the swimmer is expected to compete at finals. If the swimmer does not swim at finals, the swimmer's club will be charged **\$10** per event not swum. However, the swimmer(s) will still be able to compete in subsequent days. Exceptions to this rule include injury and illness, in which the meet referee must be notified and will use discretion to accept proof thereof.

Scoring

Scoring will be on a 20-place basis. Except in timed final events, points for 1st through 10th place shall be awarded solely on the basis of a championship final. Points for 11th through 20th place shall be awarded solely on the basis of a consolation final. Only 3 swimmers per club are allowed to score in a single individual event. If more than 3 swimmers from a single club qualify for finals, the three swimmers who place the highest will receive points for that club.

Any points scored by swimmers below the top three on their club will be forfeited and given to the next eligible finisher. Only A relays may qualify for finals and score points. Points awarded for each place are as follows:

Place	Championship Final										Consolation Final									
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Ind. Events	25	22	20	18	17	16	15	14	13	12	10	9	8	7	6	5	4	3	2	1
Relays	50	44	40	36	34	32	30	28	26	24	20	18	16	14	12	10	8	6	4	2

Divisional scoring will be utilized. Clubs will be split into three divisions: small, middle, and large clubs. Clubs will receive points based on their swimmers' placement in the top-20 but will compete against other clubs in their division. Therefore, there will be three clubs that receive a national championship title – one for each division. Divisional scoring does not affect an individual's placement as a top-three finisher on the podium.

The tiers for each division will be based on 30/30/40 percent split. The large and medium club divisions will comprise of 30 percent of the clubs at nationals each, while the small club division will comprise of 40 percent of the clubs. **Please note that a club's divisional placement is not based on how many CCS-registered swimmers a club has. A club's divisional placement is based on the number of swimmers competing at Nationals.** Therefore, divisions will be set after the registration period has closed, and clubs will be notified of their division in the Arrival Logistics Packet, which will be released in early April.

Awards

Individual medals will be awarded to the top three finishers in each event, and men's and women's high point awards will be given out as well. Team awards will be presented to the top five finishers in Men's, Women's, and Combined Team categories for each division (small, medium, and large clubs). The awards schedule will be available in the Arrival Logistics Packet.

Records

All non-exhibition swimmers competing at Nationals are eligible to break Meet Records and CCS National Records.

If a pool has moveable bulkheads or is not on the US Masters Swimming certified list and a CCS National Record or a Meet Record is broken, a pool measurement must be done after the session is over and sent to topten@usms.org.

National Records

- Records will be official at the end of the CCS registration year.

Club Absence Policy

In the case that a club which has submitted entries is no longer able to attend due to extenuating circumstances, the club is still responsible for paying 100% of their meet fees incurred upon entry. No exceptions will be made.

Swimmers with Disabilities

All disabled swimmers who wish to compete in the National Championship must meet the [USA Swimming Para-Motivational Sectional Time Standards](#) in order to be eligible for CCS National competition. Disabled swimmers are eligible to compete in the 50, 100, and 200-yard events.

No later than two weeks prior to the meet, the swimmer and/or the coach/president of the swimmer's club must notify the Meet Referee in writing of the swimmer's disability so that, if needed, there is time for accommodations to be made. The Meet Referee may elect to have them swim the 50's during the able-body 100 events, 100's during the 200 events, and 200's during the 400/500 events, based on entry times.

Any swimmer with a disability that is not classifiable by the International Paralympic Committee (IPC) standards, that has been diagnosed by a physician as having a disability, may compete if they meet the national time standard derived from that disabilities' international governing body world standards.

Additional Policies to Note

1. Swimmers will be responsible for swimming in their assigned events, heats and lanes.
2. The Meet Referee may elect to change and/or combine heats and determine the need to do "fly-over" starts. Every reasonable effort will be made to notify clubs of any changes.
3. The no-recall starting protocol will be in effect during this meet.
4. Spectators are prohibited from entering the pool deck area of the facility. The pool deck is reserved for: athletes, coaches, officials, assigned timers and other recognized, credentialed volunteers.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits (except for drag suits) other than in locker rooms is not appropriate and is prohibited.
6. DECK CHANGING IS PROHIBITED and can result in an offending competitor's removal from the meet.

7. Operation of a drone, or any other flying apparatus, is prohibited within the venue (pools, athletic/coaches' areas, spectator areas and, if present, open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Officials Policies

UNC Chapel Hill Club Swimming welcomes and appreciates the help of visiting officials. If you are currently USA Swimming, US Masters Swimming, or YMCA Swimming certified and willing to help officiate the meet, please send an email to Lynn.klauer@usdoj.gov and BurgeB@labcorp.com indicating your certification level and the sessions you are available.

1. Officials are required to attend an officials' briefing before each session they are assigned to work.
2. Officials meetings will take place 45 minutes before the beginning of each competitive session, except on Friday, April 10, when this meeting will take place 60 minutes before the scheduled competitive session.
3. Officials uniforms for PRELIMINARY sessions will consist of: white collared shirt (e.g. polo) over navy shorts, skirts or slacks, with white shoes and white socks.
4. Officials uniforms for FINALS sessions--- white over blue. No shorts, please.

ENTERING THE MEET

Qualification Period & Procedures

The qualification period will be defined as the week after the preceding year's National Championship until one month before the current year's National Championship. For 2020 Nationals, athletes may qualify beginning April 10, 2019 up until March 15, 2020.

As per the College Club Swimming Governance Handbook:

2.3 Meet Procedures

Results

- It is the responsibility of the event director to submit the event results in either .SD3, .CL2, or HY3 format to collegeclub@usmastersswimming.org within 7 days of the event.

2.4 Championship Meets:

Acceptable Times for Meet Entry

- Only times in the CCS database will be acceptable times to qualify for the National Championship.

2.5 Records and Top 10 Times

Required Information

- Only times achieved in CCS recognized meets will go into the CCS database.

These rules mean that in order to qualify for Nationals, 1) the swimmer must be registered with a CCS member club, 2) the swimmer must compete for said club and meet the qualifying standard for an event in a CCS-recognized meet, and 3) the host club must submit results to collegeclub@usmastersswimming.org within 7 days after the meet.

CCS-Recognized Event Results Submission

As per the College Club Swimming Governance Handbook, Section 2.2

Swimming Competition

Recognized meets

- A recognized CCS meet is any event that applies for and receives a recognition through collegeclubswimming.com.
- Recognized meets must follow the [U.S. Masters Swimming Rules](#) on starts, strokes and relays with at least one person on deck acting as a starter and/or referee.

- Times achieved at recognized CCS meets may be considered for CCS records and top 10 times, provided the swimmers are members of CCS prior to the start of the meet.
- Only times achieved at CCS recognized meets will be eligible for CCS Nationals qualifications.
- Recognized meets must be swum in a USMS certified pool.
- It is the responsibility of the event director to submit the event results in either .SD3, .CL2, or .HY3 format to collegeclub@usmastersswimming.org.

As a reminder, results from recognized meets MUST be submitted to the email above no later than 7 days after the meet occurs in order for those meet results to be eligible for Nationals qualification purposes. Please note though that if any meets are conducted on Saturday, March 8th, 2020 the meet results must be submitted to collegeclub@usmastersswimming.org by 11:59pm EST on Tuesday, March 10th in order to count towards Nationals qualifications.

Event Limitations

Swimming: Individual Events

Swimmers may be entered in a maximum of 4 individual events. Swimmers must meet the qualifying time standard for each event they wish to swim at the 2020 National Championships. No bonus events will be allowed.

Swimming: Relays

Each club may enter up to 2 relay teams for each relay event (A and B). Only the A relay is eligible to score points or receive awards. Swimmers may be entered in a maximum of 5 relay events but may only participate on an A or B relay within a given relay event during a single session. For example, for the Saturday and Sunday relay events, swimmers may swim in the B relay during prelims and in the A relay during finals, provided their club submits a relay card updating their finals line-up in the time allotted. Swimmers may not swim in both the A and B relays in a relay event during prelims. Swimmers must qualify in an individual event to participate on a relay.

Entry Fees

Swimming

\$17 per swimmer up to 35 swimmers, then \$7 for each additional swimmer
\$6 per relay entry

Late Entry Fee

\$100 per club if additional athletes are added to a club's roster or adds an event to or changes a swimmer's meet schedule after the entry deadline – March 25, 2020 at 11:59 PM EST.

Entry Procedures

Athlete Entry Deadline: March 25, 2020 at 11:59pm EST

Each individual swimmer who is planning on competing at Nationals will have until this deadline to register themselves for up to 4 individual events for which they have qualified.

President/Coach Confirmation Period: March 26 – March 30, 2020 at 11:59pm EST

During this time, the club president/coach will review their individual members' entries, put together relay entries, pay entry fees, and submit all entries. Presidents/Coaches may alter relay seed times. Presidents/Coaches may not alter an entry time for any individual event other than the 1000 free.

If a club adds an athlete to their meet roster or adds an event to or changes a swimmer's meet schedule during the confirmation period, the club will be responsible for paying a \$100 late entry fee. Change requests during this period must be sent to collegeclub@usmastersswimming.org. There will be no exceptions to this policy.

Final Entry Change Deadline: April 1, 2020 at 11:59pm EST

Following these entry deadlines, club who have already submitted their meet entries will have the option to make final changes to their entries by emailing the meet director at ccs.nationals@gmail.com. Changes can and should primarily be made during the confirmation period (March 26-30), but any last-minute changes must be made no later than April 1, 2020 at 11:59pm EST. The only allowable final changes that can be made are the same as detailed above under President/Coach Confirmation Period.

Swimming

All swimming entries should be submitted through CCS by way of Club Assistant's online entry system. See Appendix A on Page 23 to view instructions for the entry process.

VOLUNTEER REQUIREMENTS

Each club should expect to cover 1 volunteer shift for every 10 athletes in attendance. The person filling the shift may be:

1. one of your athletes. – All swimmers will not be swimming in every session.
2. a parent, friend, or spectator attending to support your club. – We highly encourage this option as it gives spectators an up-close view of the action and takes stress off your club.

Volunteers will be provided drinks and snacks during their shifts, and relief volunteers will be assigned to each competition pool. Volunteer sign-ups will be released closer to the meet date and will be done on a first-come, first-serve basis. It will be up to your club to distribute the information to parents, friends, and spectators if you wish for them to fill your volunteer slots.

This requirement has potential to change – if anything, the number of volunteers each club is required to provide will lessen, not grow. Updates will be provided in the spring, but plan on providing volunteers as the requirement above is written.

QUALIFYING STANDARDS

Women	Event	Men
27.69	50 Freestyle	23.59
1:02.69	100 Freestyle	52.89
2:18.39	200 Freestyle	1:56.89
5:53.49	500 Freestyle	5:20.09
must qualify for the 500	1000 Freestyle	must qualify for the 500
32.99	50 Backstroke	28.89
1:11.49	100 Backstroke	1:00.89
2:28.19	200 Backstroke	2:12.99
37.09	50 Breaststroke	31.39
1:20.69	100 Breaststroke	1:08.09
2:51.49	200 Breaststroke	2:29.09
30.49	50 Butterfly	25.99
1:08.49	100 Butterfly	58.39
2:33.59	200 Butterfly	2:12.09
1:10.79	100 Individual Medley	1:01.19
2:33.79	200 Individual Medley	2:14.29
5:45.99	400 Individual Medley	4:50.99
A & B entries only	4x50 Freestyle Relay	A & B entries only
A & B entries only	4x100 Freestyle Relay	A & B entries only
A & B entries only	4x200 Freestyle Relay	A & B entries only
A & B entries only	4x50 Medley Relay	A & B entries only
A & B entries only	4x100 Medley Relay	A & B entries only

APPENDIX A: SWIMMER REGISTRATION

Below is an example based on the 2019 registration system. Any changes to the process will be communicated closer to when it opens.

1. Click on the “Swimmer Login” button and enter your username and password.
2. Click on the “Declare Events” button for the event listed “2020 FINIS College Club Swimming National Championship
3. See the image on the next page to see where the following lettered items apply.
 - a. To indicate availability for a relay, check the box. This does NOT put you on a relay as the final relays will be compiled by the coach/president.
 - b. To enter an event, you must have previously swum the event during the season in a CCS recognized meet and have the time entered in the database. Click on the previously swum time in order to select to enter that event.
 - c. To remove yourself from an event, click the trashcan icon to remove the entry time.
 - d. If you have a qualifying time for the 500 Free, you may enter the 1000 Free by either selecting a previous time or manually entering a time.

2020 FINIS College Club Swimming National Championship
 April 10-12, 2020 | Greensboro Aquatic Center | Greensboro, NC

Saturday, April 7, 2018
 Session 3: Saturday Finals
 Warm-up starts at 5:00 PM | Meet starts at 6:00 PM | Meet ends at 9:00 PM

#	Sex	Event	Qualifying Time	Entry Time min:sec.hun	Previous Times
18	Males	200 Y Medley Relay		a <input checked="" type="checkbox"/> I am available for this relay	
20	Males	50 Y Fly	0:26.99	<input type="text" value="0"/> : <input type="text" value="26"/> . <input type="text" value="94"/> SCY	b 26.94
22	Males	200 Y IM	2:15.79	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY	
24	Males	50 Y Free	0:24.09	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY	23.35
26	Males	100 Y Breast	1:10.09	<input type="text" value="1"/> : <input type="text" value="03"/> . <input type="text" value="53"/> SCY	c 1:03.53
28	Males	200 Y Free	1:58.79	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY	
30	Males	100 Y Back	1:02.09	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY	
32	Males	400 Y Free Relay		<input checked="" type="checkbox"/> I am available for this relay	
34	Males	1000 Y Free		d <input type="text"/> : <input type="text"/> . <input type="text"/> SCY	

Sunday, April 8, 2018
 Session 5: Sunday Finals
 Warm-up starts at 3:00 PM | Meet starts at 4:00 PM | Meet ends at 7:00 PM

Submit entries when complete. Please note that by completing these steps, your entries are not finalized. Your coach will finalize all club entries and compile relays during the confirmation process between March 14-17.

If you have any questions, please contact
collegeclub@usmastersswimming.org.

Reminders:

Deadline: March 25, 2020 at 11:59pm EST

→Any swimmers who register after the entry deadline will subject their club to a \$100 late fee.

Entry Change Deadline: March 30, 2020 at 11:59pm EST

→Presidents/coaches will be able to make changes to entries during the confirmation process and once an initial psych sheet is released, up until this deadline.

APPENDIX B: FLIGHTED SESSION FAQ

Flighted Sunday Prelim Session FAQ

In the interest of saving time on Sunday, Sunday events will be flighted. It will go as follows: the 10 fastest heats of each event will be swum, from the first event of the day to the last, as the first wave. After the first wave is completed, the rest of the events will be swum, from the first event of the day to the last, as the second wave. About 30 minutes after the conclusion of the second wave, we will begin Sunday finals. This will allow the meet to end earlier in the day to accommodate those observing the holiday.

Why are we flighting Sunday finals?

Sunday is Easter, and in the interest of allowing swimmers and their families to celebrate the holiday, CCS and the Greensboro Aquatic Center have worked together to find the best way to be as efficient as possible with our time. Flighting prelims allows the meet to flow more efficiently and end earlier than in previous years.

How does this benefit us?

Flighting the meet allows clubs to be able to forgo scratching Sunday finals as some clubs have had to catch flights, arrive home at a timely hour, etc. This year, finals will end earlier than in previous years, meaning clubs will be able to stay for finals if they want. Clubs also have the option to complete a club scratch to get home earlier as well.

Why the fastest ten heats?

The top 20 in any event will most likely come from the top ten heats, so that's why they swim first. The two-hour break on Sundays from past nationals will be built into the meet; the finalists rest while the rest of the heats swim.