

2021 Central Regionals November 5-6, 2021



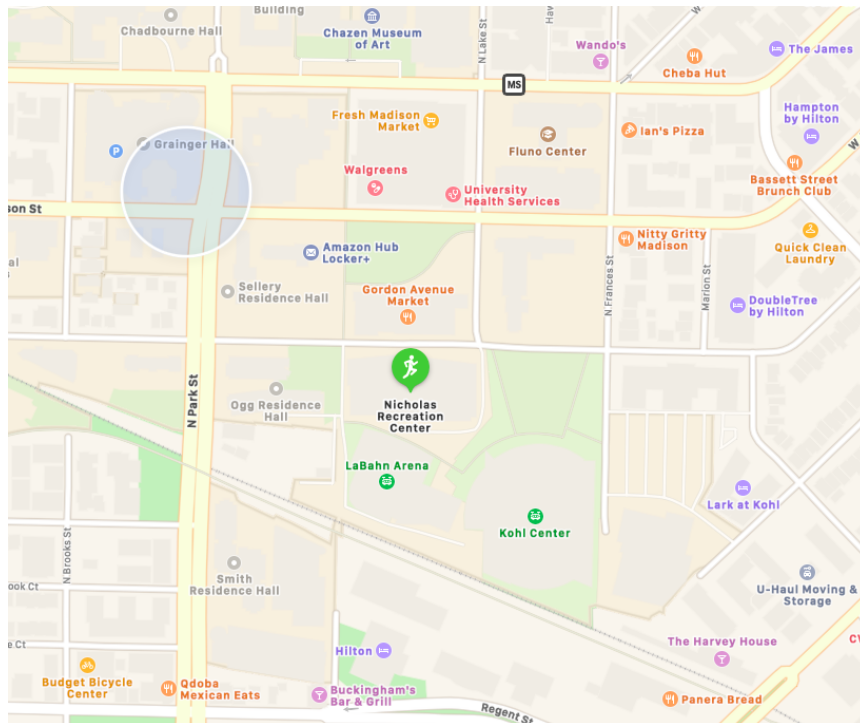
Hosted By:
Swim Club of the
University of Wisconsin

Facts about the Meet

This will be the central regional championship for the 2021-22 school year! We are excited to be offering a championship level meet available to all skill levels for swimmers. With the elimination of many varsity swimming programs across the country, the collegiate club scene has seen a spike in participation over the past 15 years; and hopefully this meet will continue to grow to reflect this national change. Our national governing body, College Club Swimming, was formed in 2017 in partnership with US Masters Swimming, and encourages friendly competition at the collegiate level in the sport of swimming. This meet is open to all clubs and swimmers currently registered with College Club Swimming.

Meet Administration

Facility: 797 W. Dayton Street, Madison, WI, 53706



Meet Operations:

Nick Starr; Meet director, nbstarr@wisc.edu

Ashley Lax; RecWell Advisor, ashley.lax@wisc.edu

Brandon Chelstrom; President of SCUW, bchelstrom@wisc.edu

Zane Hugo; Facility manager, zhugo@wisc.edu

Site Information

About the facility

The Soderholm Family Aquatic Center at the Nicholas Recreation Center is home to a 50-meter pool, which can be converted to two 25-yard pools, and a 25-yard diving well. The pool was recently completed in 2020. The competition pool is 81 degrees fahrenheit and the warm up/down diving well is 85 degrees fahrenheit. Competition pool is 8.8-9.8 feet deep. The diving well is 17 feet deep.



Parking information

Parking near the Nicholas Recreation Center is located in the Lake and Johnson St. parking ramp (lot 46). Parking is \$2 per hour or \$15 for a 24 hour period.

324 N Lake St. Madison, Wisconsin 53715



Hotel Information

There are many great hotel options in and around the Madison area!

- Hilton Garden Inn Madison Downtown
 - 770 Regent St. Madison Wi 53715 (Walking distance to Rec Center, 2 min walk)
- Holiday Inn Express & Suites Madison Central
 - 610 John Nolen Dr. Madison, Wi 73713
- SpringHill Suites by Marriott Madison
 - 4601 Frey St. Madison Wi, 73705

Spectators

Spectators will be seated in the spectator seating area located on floor 2 of the Soderholm Aquatic Center and will enter through the Aquatic Center doors located on the East side of the Nicholas Recreation Center on Dayton Street.

Vendors

TBA

Meet Entries

All entries are completed through the CCS on-line portal located at: Any questions regarding issues with meet sign-ups should be directed to College Club Swimming, Inc. Participants will be allowed 4 individual events, as well as 2 relays for this meet. Teams will be limited to 3 relays per relay event

Meet Entry Fees

\$15 per swimmer, and an additional \$6 per relay.

Scoring

Scoring will be done in the following format, based on results from the timed finals:

Individual Events: 8-6-5-4-3-2-1-0

Relay events: 16-12-10-8-6-4-2-0

Meet Schedule

Session	Warm-ups	Presidents meeting	Meet Start (Est. Completion)
Friday	2:00 pm	3:30 pm	4:00 pm (10:00 pm)
Saturday	11:00 am	12:30 am	1:00 pm (6:30 pm)

We will be utilizing one pool for all sessions, with all events taking place at the end of the competition pool nearest to the diving well. (East side)

A President's meetings will take place in the officials' office located behind the timing platform just before the start of each session.

Seeding:

All events will be run in a timed finals format. Both sessions will be run slowest to fastest format. Fastest in the middle of the pool.

Awards:

Ribbons will be awarded to the top three places in all events. All awards will be mailed to teams post-meet.

Order of Events

Women	Event	Men
	FRIDAY	
1	200 Medley Relay	2
3	100 Fly	4

5	50 Breast	6
7	100 Back	8
9	50 Free	10
11	1000 Free	12
	10 MIN BREAK	
13	50 Fly	14
15	100 Free	16
17	50 Back	18
19	100 Breast	20
21	100 IM	22
23	200 Free Relay	24

Women	SATURDAY	Men
25	500 Free	26
27	400 Medley Relay	28
29	200 Free	30
31	200 Fly	32
33	400 IM	34
35	200 Breast	36

37	200 IM	38
39	200 Back	40
41	400 Free Relay	42

Heat Sheets/Results:

Heat sheets will be provided to teams and posted on deck as well as in the spectator areas. Additional heat sheets will be available for purchase through the MEET MOBILE app or hard copy for \$5.00. Results will be available for free on MEET Mobile and will not be posted at the facility.



Championship Policies

Swimming Rules & Regulations

The 2021 College Club Swimming National Championships will follow US Masters Swimming Rules for starts, strokes, turns, relays, and disqualifications. USA-S/USMS certified officials will be onsite to ensure compliance.

Specific rules to make note of include:

- Swimwear for Competition
 - Swimwear shall include only one swimsuit, no more than two caps, goggles, and a nose clip and/or ear plugs if desired.
 - Only swimsuits complying with FINA swimsuit specifications may be worn. Suits with tie-backs or other fasteners are NOT permitted for competition.
 - Medical tape on the body is not permitted unless approved by the meet referee. K-tape on shoulders, elbows, or knees is never permitted.
 - Violation of any of these rules may result in disqualification. Exceptions may apply for extenuating circumstances at the discretion of the meet referee.
- Protests
 - Protests regarding disqualifications or recorded times shall be submitted to the meet referee within 30 minutes of the event. Protests regarding the conduct of the meet shall be submitted in writing to the designated meet official onsite. If the protest is with the referee, a formal complaint must be sent to colleageclub@usmastersswimming.org within 5 days of the event.

This championship meet is in the process of being officially recognized by United States Masters Swimming and USA Swimming. Times achieved at this event may be considered for USMS national records and Top Ten times for USMS members, and qualification for other USA Swimming Events. Swimmers wishing to have

their times must submit their USMS ID# or USA Swimming ID when submitting their entries.

Deck Entry Policy

No deck entries will be accepted for individual events, nor for relay events. Swimmers must enter the events they wish to swim no later than the late entry deadline found on the front page of this meet packet or on Page 16.

Relay Line-Up Policy

Each club will be given the following upon checking in at the meet: • One (1) relay card for each relay competing in the 4x200 free, 200 medley relay, 200 free relay, and 400 free, as well as the final 200 medley mixed relay

This relay card will be used to make any changes (if desired) to the lineup prior to the appropriate timed finals session. It is the responsibility of the president, or another club representative, to submit the correct relay card with the final relay line-up to the clerk of course no later than 30 minutes prior to the start of the appropriately timed finals or prelims session. After this time, no changes can be made to that relay's line-up.

Awards will be assigned and then subsequently mailed to teams after the end of the meet. There will be no breaks to give out awards during the meet, however the winners of the event will be announced after each event is over, as well and the overall winner of the meet will be announced at the end of the meet.

Club Absence Policy

In the case that a club which has submitted entries is no longer able to attend due to extenuating circumstances, the club is still responsible for paying 100% of their meet fees incurred upon entry. No exceptions will be made.

Additional Policies to Note

1. Swimmers will be responsible for swimming in their assigned events, heats and lanes.
2. The Meet Referee may elect to change and/or combine heats and determine the need to do "fly-over" starts. Every reasonable effort will be made to notify clubs of any changes.
3. The no-recall starting protocol will be in effect during this meet.
4. Spectators are prohibited from entering the pool deck area of the facility. The pool deck is reserved for: athletes, coaches, officials, assigned timers

and other recognized, credentialed volunteers.

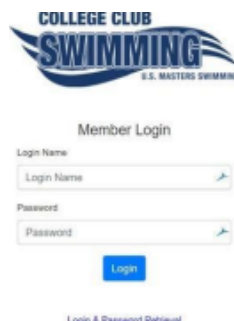
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits (except for drag suits) other than in locker rooms is not appropriate and is prohibited.
6. DECK CHANGES ARE PROHIBITED and can result in an offending competitor's removal from the meet.
7. Operation of a drone, or any other flying apparatus, is prohibited within the venue (pools, athletic/coaches' areas, spectator areas and, if present, open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Vaccination Note:

The University of Wisconsin Madison does not currently require that students receive a vaccination for COVID-19. Students who are not vaccinated are required to complete mandatory testing for the virus in order to remain compliant with university policies. The University of Wisconsin Madison and Swim Club UW Madison are committed to providing a safe environment for everyone on our campus and within our athletic facilities.

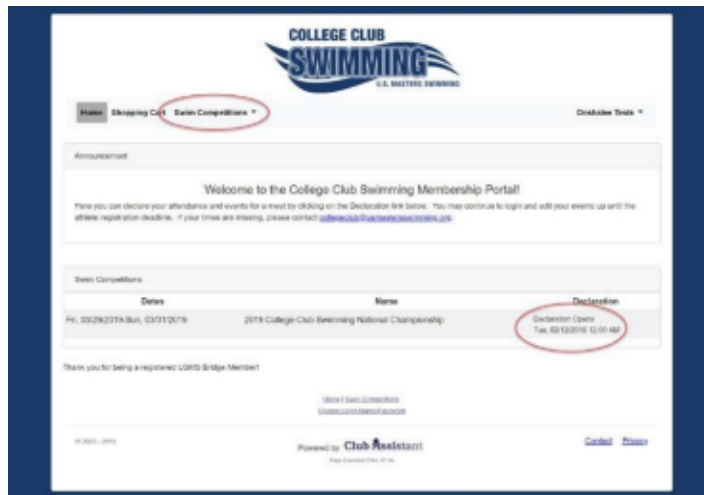
Registration Procedures

Enter your CCS login information in the Swimmer Login from the homepage of the CCS website.



The image shows the 'Member Login' form for College Club Swimming. At the top is the logo for 'COLLEGE CLUB SWIMMING' with 'U.S. MASTERS SWIMMING' written below it. Below the logo, the text 'Member Login' is centered. There are two input fields: 'Login Name' and 'Password', each with a small blue arrow icon on the right side. Below these fields is a blue 'Login' button. At the bottom of the form, there is a small link that says 'Login & Password Retrieval'.

Click either the Swim Competitions or Declarations Open link.



- 1) To indicate availability for a relay, check the box. This does NOT put you on a relay as the final relays will be compiled by the coach/president.
- 2) To enter an event, you may manually enter a time. Or you may enter a previously swum time from a CCS recognized meet and have the time entered in the database. Click on the previously swum time in order to select to enter that event.
- 3) To remove yourself from an event, click the trashcan icon to remove the entry time.

Saturday, April 7, 2018

Session 3: Saturday Finals

Warm-up starts at 5:00 PM | Meet starts at 6:00 PM | Meet ends at 9:00 PM

#	Sex	Event	Qualifying Time	Entry Time min:sec.hun	Previous Times
18	Males	200 Y Medley Relay		<input checked="" type="checkbox"/> I am available for this relay	
20	Males	50 Y Fly	0:26.99	<input type="text" value="0"/> : <input type="text" value="26"/> . <input type="text" value="94"/> SCY <input type="button" value="🗑"/>	26.94
22	Males	200 Y IM	2:15.79	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY <input type="button" value="🗑"/>	
24	Males	50 Y Free	0:24.09	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY <input type="button" value="🗑"/>	23.35
26	Males	100 Y Breast	1:10.09	<input type="text" value="1"/> : <input type="text" value="03"/> . <input type="text" value="53"/> SCY <input type="button" value="🗑"/>	1:03.53
28	Males	200 Y Free	1:58.79	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY <input type="button" value="🗑"/>	
30	Males	100 Y Back	1:02.09	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY <input type="button" value="🗑"/>	
32	Males	400 Y Free Relay		<input checked="" type="checkbox"/> I am available for this relay	
34	Males	1000 Y Free		<input type="text"/> : <input type="text"/> . <input type="text"/> SCY <input type="button" value="🗑"/>	

Sunday, April 8, 2018

Session 5: Sunday Finals

Warm-up starts at 3:00 PM | Meet starts at 4:00 PM | Meet ends at 7:00 PM

Submit entries when complete. Please note that by completing these steps, your entries are not finalized. Your coach will finalize all club entries and compile relays during the confirmation process between .

If you have any questions, please contact collegeclub@usmastersswimming.org.