

SOUTHERN
REGIONAL
CHAMPIONSHIP
ATLANTA, GA **NOV 11 - 12**



MEET PACKET

*All times posted are in Eastern

ATHLETE ENTRY DEADLINE: Tuesday, October 31st
at 11:59pm

CONFIRMATION PERIOD OPENS: Wednesday,
November 1st at 12:00am

CONFIRMATION PERIOD CLOSES: Sunday,
November 5th at 11:59pm

**2023 COLLEGE CLUB SWIMMING SOUTHERN REGIONAL CHAMPIONSHIP
HOSTED BY GEORGIA TECH SWIM CLUB
NOVEMBER 11-12, 2023**

Sanctions

College Club Swimming

Location & Pool Specs

McAuley Aquatic Center
750 Ferst Drive, Atlanta, GA, 30332

Indoor pool- home of the 1996 Olympic swimming competition- with two certified 10 lane 25-yard competition courses with non-turbulent lane lines. Water depth at the competition starting and turn end is a minimum of 9.5 feet. Continuous warm up will be available throughout the meet in the North pool. Fully automatic timing system with scoreboard.

Contact Information

Meet Directors:

Natalie Plantamura and Maddie Murdock
meetdirector@gtswimclub.com

Regional Championship Liaison:

Josie DeRonja
josie@jbsticknash.com

Regional Championship Liaison:

Colton Martin
cgm20c@fsu.edu

Georgia Tech Swim Club Officers

President

Nathan Miao

Vice President

Emiley Yie and George Vlady

Treasurer

Kyle Balkcum

Secretaries

Audrey Munger and Charli Miller

Social Director

Audrey Holshouser and Keller White

Meet Format:

All events will be swum timed finals with top 16 individual events and relays scoring points.

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Dates & Times

<u>Day of Meet</u>	<u>Warm Up:</u>	<u>Meet Start:</u>
Saturday, November 11	11:00 AM	12:00 PM
Sunday, November 12	9:30 AM	10:30 AM

Eligibility

Open to all current CCS members in the Southern region who meet the CCS eligibility criteria as outlined in the governance handbook sections 4.2.2 and 3.2.3.

See CCS [Governance Handbook](#) for more details concerning eligibility.

Teams from outside of the Southern region may participate but must swim as exhibition and will not be eligible to score points or set meet records. Times will still be recorded as official times and will be eligible for national championship qualification.

Disability Swimming

Disabled swimmers are eligible to compete in the 50, 100, and 200-yard events. Prior to the meet, the swimmer and/or the coach/president of the swimmer's club must notify the Meet Referee in writing of the swimmer's disability so that, if needed, there is time for accommodations to be made. The Meet Referee may elect to have them swim the 50's during the able-body 100 events, 100's during the 200 events, and 200's during the 400/500 events, based on entry times.

Scratch Policy

There are no penalties for scratches or no-shows for any events.

Entry Procedure

Entries must be submitted via CCS Online Meet Entry System.

Once online entry opens, athletes will log in to the CCS website, select the Southern Regional Championship on the home page, and enter events by entering a time for their events. Once submitted, their status will reflect "in meet roster" and the athlete is considered entered the meet. Athletes may alter events at any time until the athlete entry deadline. Please note that no "no time" (NT) entries will be accepted.

At the close of the athlete entry period, the Presidents Confirmation period will open. During this time Presidents may modify any individual athlete entries and they must enter relays and submit payment information. Once the President Confirmation Period closes, entries are considered final, and no late changes or submissions will be accepted.

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Entry Limits

Swimmers may enter a maximum of 6 individual events. For relays, only two teams per club may be submitted for each relay event (A and B team). Only the A relays will be eligible to score. There is no limit to how many relays an individual swimmer can enter.

Entry Deadlines

Athlete Online Entry: Tuesday, October 31st at 11:59pm

President Confirmation Period: Wednesday, November 1st at 12:00am - Sunday, November 5th at 11:59pm

Entry closes at the conclusion of the President Confirmation Period.

No late entries or changes will be accepted after the close of the President Confirmation Period.

Deck Entries

No deck entries will be accepted for individual events, nor for relay events. Swimmers must enter the events they wish to swim no later than the entry deadline found on the front page of this meet packet.

Entry Fees

\$25 per swimmer

Fees will be collected through CCS Online Entry System.

Club Absence Policy

In the case that a club or athlete which has submitted entries is no longer able to attend due to extenuating circumstances, the club is still responsible for paying 100% of their meet fees incurred upon entry. No exceptions will be made.

Seeding

25 SCY Times will be used for seeding.

Events will be seeded slowest to fastest.

Officials

Meet Referee:

Visiting officials interested in officiating should contact meet director.

Scoring

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

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Awards

Awards will be given to the top three teams overall.

Team Representative

Upon arrival to the competition, each team must submit one representative (president, officer, trip leader.) to collect important meet information. An on-deck meeting will be announced prior to the start of each session to provide any last-minute information.

Meet Communication

Important information regarding arrival logistics, meet procedures, social events, and more will be shared in the officers GroupMe (contact us to be added), in the CCS Discord, and by email (meetdirector@gtswimclub.com).

Rules

The meet will be swum following US Masters Swimming rules as described in the Swimming Rules & Regulations section. However, since the meet is jointly sanctioned by USA Swimming, anything that warrants a disqualification under USA Swimming rules but not USMS rules will be noted and will only impact times entered into the SWIMS database.

Specific rules to make note of include:

- **Swimwear for Competition**
 - Swimwear shall include only a swimsuit, no more than two caps, goggles, and a nose clip and/or ear plugs if desired.
 - Only swimsuits complying with World Aquatics swimsuit specifications may be worn. JOLYN swimsuits, or any other suits with tie-backs or other fasteners, are NOT permitted for competition.
 - Medical tape on the body is not permitted unless approved by the meet referee. K-tape on shoulders, elbows, or knees is never permitted.
 - Except where venue facilities require otherwise, changing into or out of swimsuits (except for drag suits) other than in locker rooms or other designated areas is not appropriate and is prohibited. Deck changes are prohibited.
 - Violation of any of these rules may result in disqualification. Exceptions may apply for extenuating circumstances at the discretion of the meet referee
- **Protests**
 - Protests regarding disqualifications or recorded times shall be submitted to the meet referee within 30 minutes of the event. Protests regarding the conduct of the meet shall be submitted in writing to the designated meet

**2023 COLLEGE CLUB SWIMMING SOUTHERN REGIONAL CHAMPIONSHIP
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official onsite. If the protest is with the referee, a formal complaint must be sent to colleageclub@usmastersswimming.org within 5 days of the event.

Spectator Admission

Spectator admission details will be released closer to the meet.

Deck Access

This meet will operate with a closed pool deck. This means only swimmers, coaches/officers, officials and assigned meet volunteers will be allowed inside the designated competition course for any given session. Spectators will be permitted in designated spectator seating areas.

Use of Cameras, Video Equipment, and Drones

The use of cameras, including cellphone cameras and/or other recording devices, is prohibited behind the starting platforms during the start of races, including relay starts.

The use of audio or visual recording devices, including cellphone cameras, is prohibited in changing areas, restrooms, and locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. USMS credentialed media personnel may be exempted from these restrictions. Any individual in violation of these restrictions may be barred from the venue by the meet referee or meet director.

Sanctions

This championship meet is in the process of being officially recognized by U.S. Masters Swimming and USA Swimming. Times achieved at this event may be considered for USMS national records and Top Ten times for USMS members, and qualification for other USA Swimming Events. Swimmers wishing to have their times count for USMS/USA Swimming must provide their USMS ID# or USA Swimming ID. Presidents/team representatives must compile USMS/USA Swimming IDs from swimmers on their team into a single Microsoft Excel file and submit via email to ccs.regionals@gmail.com by November 8th at 11:59pm.

Under 18 Swimmer Eligibility

Swimmers turning 18 after the meet entry deadline (November 5th, 2023) and by the first day of the championship meet (November 11, 2023) are eligible to compete in the 2023 CCS Regional Championship meet in accordance with the stipulations outlined in this section. This exception is only allowed for swimmers whose 18th birthday falls during the school year in which they intend to participate in CCS.

**2023 COLLEGE CLUB SWIMMING SOUTHERN REGIONAL CHAMPIONSHIP
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NOVEMBER 11-12, 2023**

Eligible swimmers must:

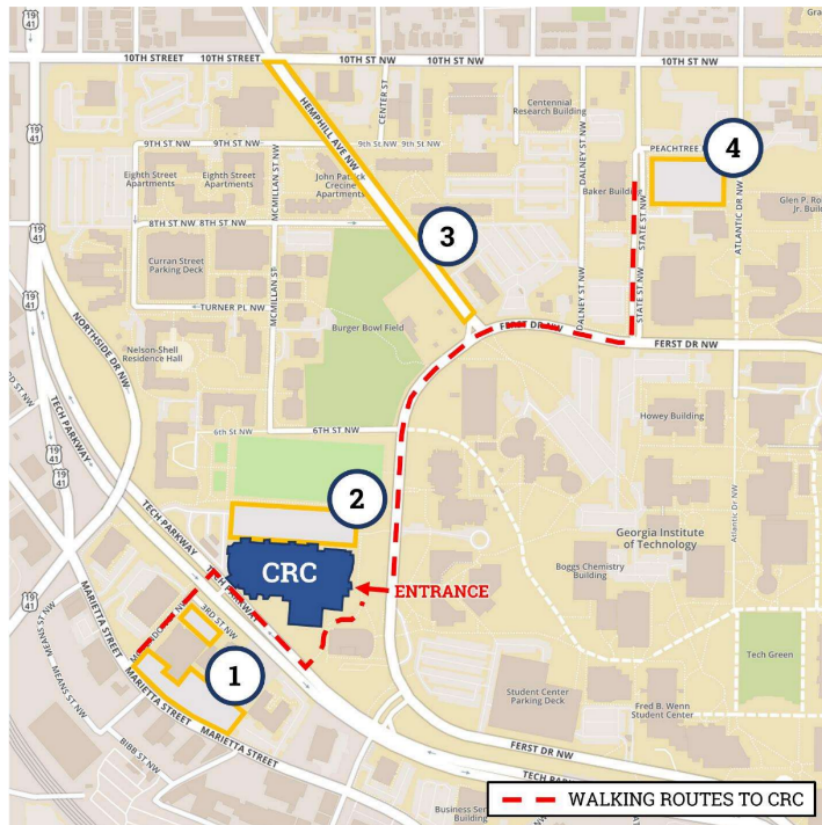
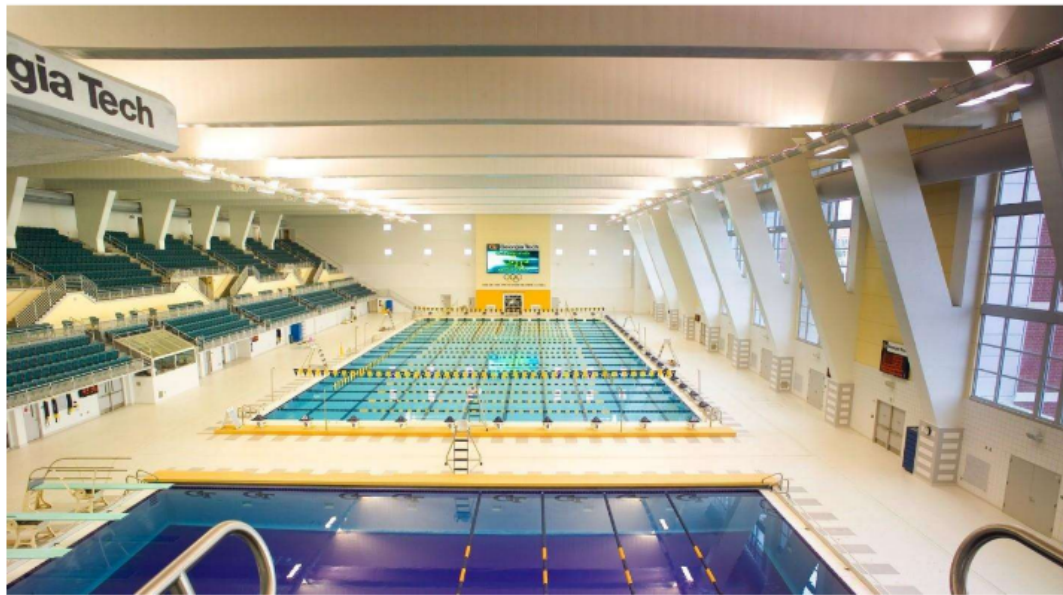
- Be 18 years of age by the first day of the championship meet (November 11, 2023).
- Register for CCS on/after their 18th birthday and by the first day of the championship meet. The president of the swimmer's club must submit the swimmer's CCS ID to collegeclub@usmastersswimming.org no later than 12pm (noon) ET on the first day of the meet (November 11, 2023).
- Submit their requested meet entries by email to meetdirector@gtswimclub.com by the entry deadline.

Additional Policies to Note

1. Swimmers will be responsible for swimming in their assigned events, heats and lanes.
2. The Meet Referee may elect to change and/or combine heats and determine the need to do "fly-over" starts. Every reasonable effort will be made to notify clubs of any changes.
3. The no-recall starting protocol will be in effect during this meet.
4. Spectators are prohibited from entering the pool deck area of the facility. The pool deck is reserved for: athletes, coaches, officials, assigned timers and other recognized, credentialed volunteers.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits (except for drag suits) other than in locker rooms is not appropriate and is prohibited.
6. DECK CHANGING IS PROHIBITED and can result in an offending competitor's removal from the meet.
7. Operation of a drone, or any other flying apparatus, is prohibited within the venue (pools, athletic/coaches' areas, spectator areas and, if present, open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

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Facility Image and Parking Map



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 NOVEMBER 11-12, 2023**

Order of Events		
Day 1 Warm Up: 11:00am Meet Start: 12:00pm		
1	200 Medley Relay	2
3	200 Freestyle	4
5	100 Butterfly	6
7	50 Freestyle	8
9	400 IM	10
11	50 Butterfly	12
13	100 Breast	14
15	200 Backstroke	16
17	100 IM	18
19	400 Freestyle Relay	20
21	1000 Freestyle	22
Day 2 Warm Up: 9:30am Meet Start: 10:30am		
23	200 Freestyle Relay	24
25	50 Backstroke	26
27	50 Breaststroke	28
29	100 Freestyle	30
31	200 Butterfly	32
33	200 IM	34
35	100 Backstroke	36
37	200 Breaststroke	38
39	500 Freestyle	40
41	400 Medley Relay	42