ZXZ5 TXR CCS NATIONALS

2025 TYR College Club Swimming National Championship Meet

March 28 – 30, 2025 | Skyline Aquatic Center | Mesa, AZ Hosted by Swim Club at ASU Arrival Logistics Packet

Table of Contents

| FULL MEET SCHEDULE1 |
|--|
| Thursday1 |
| Friday1 |
| Saturday1 |
| Sunday2 |
| WARMUPS, DECK ACCESS, & MEET OPERATIONS |
| Warmup Schedule3 |
| Meet Warmup Procedures6 |
| Assigned Team Seating6 |
| Results6 |
| Clerk of Course6 |
| Awards Presentation Schedule6 |
| FACILITY POLICIES & PROCEDURES7 |
| Moving Throughout the Facility7 |
| |
| Entering the Facility8 |
| Entering the Facility |
| |
| Accessing the Pool Deck |
| Accessing the Pool Deck10Facility Policies & Logistics10CHECK-IN PROCEDURES12When to Check-in12Where to Check-in12What to Bring to Check-in12What 'll You'll Receive at Check-in13PRESIDENTS' MEETINGS13 |

| REMINDERS & COMMUNICATION1 | ; |
|---------------------------------------|---|
| Pool, Deck, & Stands1 | ; |
| Spectator Tickets & Heat Sheets1 | ; |
| Meet Communication1 | ; |
| General Reminders & Recommendations10 | ; |
| Health & Safety1 | , |
| PARKING INFORMATION | } |

Full Meet Schedule

Thursday

- 4:30 PM Pool Deck & Check-in Open
- 5:00 PM Thursday Night Practice Begins
- 8:30 PM Thursday Night Check-in Closes
- 9:00 PM Thursday Night Practice Ends

Friday

- 8:30 AM Morning Check-in Begins and Deck Opens
- 9:00 AM Morning Practice Begins
- 12:00 PM Morning Practice Ends & Morning Check-in Ends
- 3:30 PM Afternoon Check-in Begins
- 3:30 PM Doors and Pool Deck Opens
- 4:00 PM Warm-Ups Begin
- 4:30 PM Presidents' Meeting Pavilion
- 5:00 PM Timer's Meeting
- 5:30 PM Competition Begins
- 6:00 PM Afternoon Check-In Ends
- 8:45 PM Estimated Session End Time
- 9:00 PM Pool Closes

Saturday

- 6:30 AM Doors, Pool Deck, and Check-in Open
- 7:00 AM Prelim Warm-Ups Begin
- 8:00 AM Presidents' Meeting Pavilion
- 8:30 AM Timers' Meeting
- 8:45 AM Check-in Closes
- 9:00 AM Prelim Competition Begins
- 2:15 PM Estimated Prelim Session End Time
- 4:30 PM Doors & Pool Deck Open
- 4:35 PM Friday Evening's Events Awards
- 5:00 PM Finals Warm-Ups Begin

- 5:15 PM Presidents' Meeting Pavilion
- 5:30 PM Timers' Meeting
- 6:00 PM Finals Competition Begins
- 8:45 PM Estimated Finals Session End Time
- 9:00 PM Pool Closes

Sunday

- 6:30 AM Doors and Pool Deck Open
- 7:00 AM Prelim Warm-Ups Begin
- 8:00 AM Presidents' Meeting Pavilion
- 8:30 AM Timers' Meeting
- 9:00 AM Prelim Competition Begins
- 12:45 PM Estimated Prelim Session End Time
- 3:30 PM Doors & Pool Deck Open
- 4:00 PM Finals Warm-Ups Begin
- 4:15 PM Presidents' Meeting Pavilion
- 4:30 PM Timers' Meeting
- 5:00 PM Finals Competition Begins
- 7:30 PM Estimated Finals Session End Time
- 8:30 PM Pool Closes

Warmups, Deck Access, & Meet Operations

Warmup Schedule

Please note that the following warm-up schedules utilize your club's CCS abbreviation. You can verify your club's abbreviation by looking at the College Club Swimming website.

Thursday Evening

In order to allow athletes an opportunity to practice before the meet after traveling on Thursday, we will be holding a warm-up session on Thursday evening from 5:00 PM to 9:00 PM. The East and West Competition pools will be available for warm-ups along with the diving well and rec pool. The group assignments are as follows:

| Group A (5:00 | Group A (5:00 PM – 7:00 PM) | |) PM – 9:00 PM) |
|---------------|-----------------------------|-------|-----------------|
| CLT | MOFO | BCST | OSU |
| CPSC | PITT | BGCS | SANTA |
| CU | PSU | CAL | UCFFL |
| DUCS | SCAR | CCU | UCLAS |
| ECS | SCU | CMU | UCONN |
| ECU | UCI | CSU | UCSD |
| FLOR | UCR | CWRU | UKSC |
| FSUC | UDSC | GMUSC | UMICH |
| GCUC | UMCS | LU | USU |
| GVSU | USCA | LYNX | VTECH |
| ISUSC | UTES | MSUSC | |

All remaining unlisted teams arriving on Thursday may also Warm-up with Group B

Friday Morning

In order to allow athletes an opportunity to practice before the meet after traveling on Friday morning, we will be holding a Warm-up session from 9:00 AM to 12:00 PM. The East and West Competition pools will be available for warm-ups along with the diving well and rec pool. **See page 5 for assignments.**

Friday Evening Timed Finals

Athletes swimming during Friday Evening's timed finals session will be able to warm-up during either Group A or Group B as assigned. Note that due to limited space, only athletes competing in this session may use the pool for warm-ups during the warm-up period. Athletes wishing to practice on Friday should utilize the Friday morning warm-up period if at all possible and can use warm-up lanes available during the once the meet starts (5:30 PM) if they cannot make it to the morning warm-up period.

| Group A (4:00 PM – 4:40 PM) | | Group B (4:40 | PM – 5:20PM) |
|-----------------------------|-------|---------------|--------------|
| AUB | PURD | ASU | NCSU |
| BGCS | SANTA | AUCS | NDSC |
| CAL | SCIU | AZCS | PITT |
| CLARE | SCUW | BOISE | PRINC |
| CLEM | SEMO | BROWN | PSU |
| CLT | SLUSC | CMICH | SCAR |
| CPSC | STANF | CMU | SCGSU |
| CSU | TTUSC | CMUCS | SCU |
| ECS | UCCS | CSOSU | TAMCS |
| FGCU | UCONN | CU | TULSC |
| FSUC | UDSC | CWRU | UCFFL |
| GCUC | UKSC | DUCS | UCI |
| GMUSC | UMCS | DUKE | UCLAS |
| GTOWN | UMD | FLOR | UCS |
| ISC | UNFCS | GTSC | UCSD |
| KSSC | UOFO | GVSU | UGAS |
| LSCUT | UPENN | GWCS | UKCS |
| LYNX | USFB | ISUSC | UMICH |
| MIZZ | USU | JMU | UNCCH |
| MN | UTES | LU | UNL |
| NEAST | UVA | LUSC | USCA |
| NSUSC | W&M | MOFO | UWSC |
| NUIL | WMU | MSUSC | VCU |
| OSU | WUSTL | NAUCS | VTECH |
| OUSD | | | |

*Presidents can warm up in Group B in order to attend the Presidents meeting.

**Any teams <u>not competing</u> in Friday Evening Timed Finals should plan to warm-up after the start of the meet (5:30pm) on Friday so that designated warm-up slots can be used by those competing in the session.

Friday Morning and All Prelims Sessions

We have organized warm-up groupings to split up teams equally between three sessions. The following is the schedule of the warm-ups:

| Friday Morning (Pro | e-Meet) | Saturday P | relims | Sunday Pr | elims |
|---------------------|---------|-------------|---------|-------------|---------|
| 9:00-10:00am | Group A | 7:00-7:35am | Group C | 7:00-7:35am | Group B |
| 10:00-11:00am | Group B | 7:35-8:10am | Group A | 7:35-8:10am | Group C |
| 11:00am-12:00pm | Group C | 8:10-8:45am | Group B | 8:10-8:45am | Group A |

| Grou | up A | Grou | ір В | Gro | up C |
|-------|-------|-------|-------|-------|-------|
| AUB | SCUCD | APPST | SCIU | AUCS | NAUCS |
| AZCS | SEMO | ASU | SCU | BCST | NEAST |
| BROWN | SRU | CAL | SLUSC | BGCS | NUIL |
| CCU | STANF | CMU | TCUSC | BOISE | OSU |
| CLT | SYR | CMUCS | TTUSC | CLARE | PSU |
| CMICH | TAMPA | CORN | TULSC | CLEM | SCGSU |
| CSU | UALA | DEN | UBUF | CPSC | SCUW |
| CWRU | UCCS | DUCS | UCLAS | CSOSU | TAMCS |
| DUQCS | UCONN | DUKE | UCSD | CU | UCFFL |
| ELON | UCR | ECU | UGAS | ECS | UCI |
| FLOR | UCS | FGCU | UKCS | FPUSC | UDSC |
| GMUSC | UKSC | FSUC | UMD | GCUC | UMCS |
| GTOWN | UMSC | GTSC | UNL | GVSU | UMICH |
| ISC | UNCCH | GWCS | UOFO | ISUSC | UNC |
| JMU | UNCW | LYNX | UPENN | KSSC | UNFCS |
| LU | UNTSC | MARQ | USFB | LSCUT | USU |
| MN | USCA | MSTSC | UTK | LUCSC | VCS |
| MOFO | UTC | MSUSC | UWSC | LUM | VCU |
| NCSU | UTES | NSUSC | VTECH | LUSC | WFU |
| NDSC | UVA | OUSD | VUSC | MCS | WUSTL |
| PRINC | W&M | PITT | WMU | MIZZ | |
| PURD | YALE | SBU | WSU | | |
| SANTA | | SCAR | WVAU | | |

NOTE: With the exception of the pre-event warm up sessions on Thursday evening and Friday morning, athletes may only warm up in a session in which they are scheduled to compete. For Saturday and Sunday prelim sessions, presidents may warm up with the first block (at 7:00 am) in order to attend the president's meeting.

Meet Warmup Procedures

The East and West Competition pools will be open for general warm-up during **scheduled warm-up times only**. The diving well (eight 25-yard lanes) and rec pool (six 25-yard lanes) will be continuously open for warm-up from the beginning of the warm-up session and throughout each prelims and finals session. Any warm-up time changes will be announced in presidents' meetings and through Signal.

Assigned Team Seating

Teams will be assigned seats either in the spectator stands closest to the diving well or in one of several areas surrounding the pools. There will be tents/shade coverage provided in each seating area. Teams not assigned to sit in the diving well spectator stands will be provided either bleachers or chairs for seating. Seating assignments will be distributed at team check-in. **Only those with proper deck credentials will have access to team seating areas.**

Results

Results will be posted in the facility lobby (**Entrance B**) and will be available for both spectators and athletes.

Clerk of Course

The Clerk of Course desk will be located next to the head operations table near the starting blocks of the East Competition pool. All finals scratches must be declared to the Clerk of Course table within 30 minutes of the results being posted and announced. For events requiring positive check-in (1000 Freestyle on Saturday and 500 Freestyle on Sunday), positive check-in is required at the Clerk of Course table located by head operations table at least **1 hour prior to the start of the Prelims session**. A club representative is permitted to check-in their athletes on their behalf.

Awards Presentation Schedule

The following awards schedule is subject to change – any changes will be announced in the Presidents' meetings.

Awards for Friday's timed finals events will be presented approximately 30 minutes prior to the start of warm-ups at Saturday finals.

Awards for Saturday and Sunday events will be presented right after the A final of each men's event. The top 3 athletes in each event need to be ready to receive their award following the conclusion of the men's A final. For example, the top three finishers in the 100 breaststroke for men and women will receive their award at the conclusion of the men's 100 breaststroke A final.

The 2025 CCS Awards will be presented approximately 15 minutes prior to the start of the session at Sunday prelims.

Facility Policies & Procedures

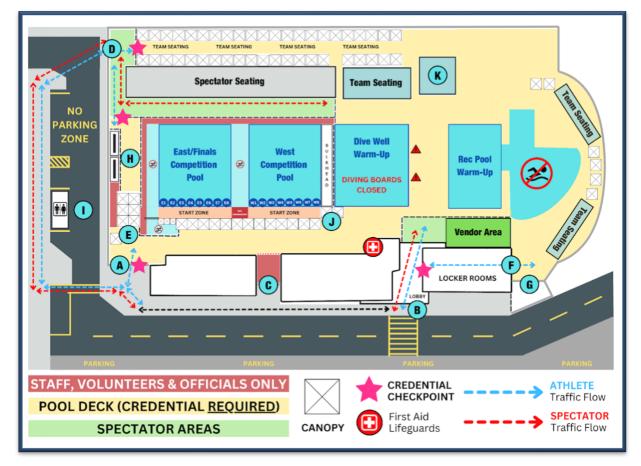
Moving Throughout the Facility

Below is a map outlining key meet locations and expected foot traffic flow. Athletes may enter the facility through Entrance A, B or D. *Please note: Entrance B requires athletes to walk through the locker rooms to access the pool deck.*

- **A** Athlete Entrance (open **ONLY** during warm-up / after competition ends)
- **B** Vendor Access & Athlete Locker Room Entrance
- **C** Volunteer, Official and Staff Entrance
- **D** Athlete & Spectator Entrance
- E Clerk of Course | Head Operations Table
- **F** Pool Deck Locker Room Entrance
- **G** Athlete Changing Tents
- H Team-Only Cheering Area | Awards Presentation Area
- I Spectator Restrooms*

*Spectator restrooms may be utilized by *dry athletes ONLY* and are not meant for changing.

- J Finals Walkout Staging Area | West Operations Table
- K Pavilion (president's meetings)



Entering the Facility

Athletes may enter the facility through Entrance **A**, **B** or **D**. Spectators may enter the facility using Entrance **D ONLY**. Please see page 15 for further details.



Shown above is **Entrance A**. This entrance will **ONLY** be open during warm-ups and after competition ends.



Shown above is **Entrance B** (Facility Lobby). This is where results will be posted, and the vendor area can be accessed by both spectators and athletes via this entrance. Athletes entering here must go through the locker room to access the pool deck.



Shown above is **Entrance D** (Spectator Stands).

Accessing the Pool Deck

Each competing athlete will receive a deck pass at check-in to access the pool deck. Once an athlete has passed through a credential checkpoint, they may move freely around the pool deck **without their credential**. However, please keep the following in mind:

- 1. **Re-Entry**: If you exit the pool deck, you must have your credential to re-enter.
- 2. **Vendor Access**: Visiting the vendor area requires exiting the pool deck, so athletes must bring their credential with them.
- 3. **Behind the Blocks**: This area is strictly for competing athletes—please respect your fellow swimmers and do not crowd this space. *If this becomes an issue, the meet director reserves the right to implement additional checkpoints.*

Credential checkpoints are indicated on the map on page 7.

Facility Policies & Logistics

- 1. Please keep all trash picked up in your team and spectator seating areas and stay away from restricted areas. If a swimmer is found in a restricted area, the swimmer will be asked to leave the facility and may be pulled from the remainder of the meet.
- 2. Vandalism will not be tolerated. Any individual caught vandalizing the facility will be asked to leave the facility for the remainder of this meet.
- 3. Deck access is restricted to competing athletes, registered coaches, officials, event staff, and meet volunteers. No parents, spectators, or members of the general public will be allowed on deck except at the request of a Meet Director or Meet Referee. These areas will be designated by rope/metal fencing.
- 4. Officials and meet staff MUST present their current credential or Deck Pass to USMS/CCS staff to gain deck access.
- 5. Ample team seating is available on the bleachers surrounding the pool deck and in the diving well area. Team seating will be in the grass areas south of the bleachers and around the perimeter of the 6 lane course. Belongings should be removed from the deck between sessions and overnight for cleaning.
- 6. Skyline Aquatic Center is a smoke, drug, alcohol, and weapon-free facility. This includes items such as cigarettes, cigars, e-cigarettes, vape devices, chewing tobacco or nicotine pouches, and alcoholic beverages.

- 7. Skyline Aquatic Center welcomes service animals that serve a need for visitors. Emotional support animals and pets are not recognized by ADA as service animals allowed in public admission spaces such as Public Pools. Only service animals will be permitted in the pool area.
- 8. Skyline Aquatic Center does not allow glass containers to be brought in the facility. The facility does have water fountains to refill water bottles located on the north and west end of the facility.
- 9. General Pool Policies/Rules can be found here: <u>https://www.mesaaz.gov/Activities-</u> <u>Culture/Parks-Recreation-and-Community-Facilities/Pools-and-Aquatics</u>

Check-in Procedures

When to Check-in

As is noted in the Meet Information Packet, you must check in prior to the first session in which your team has athletes competing (i.e. if you have athletes competing on Friday evening, you must check in prior to warm-ups). **No athletes may enter the facility until they have received their credentials**, which teams receive at check-in. Check-in is available at the following times:

- Thursday evening (during open warm-ups): 4:30 PM 8:30 PM
- Friday morning (during open warm-ups): 8:30 AM 12:00 PM
- Friday afternoon: 3:30 PM 6:00 PM
- Saturday morning: 6:30 AM 8:45 AM

Teams that need to check-in outside of these times (i.e. while the competition is in progress) must contact the meet director via email to arrange a time to check in.

Where to Check-in

Thursday evening through the end of Friday warm-ups (5:15 PM): See below assignments.

The following table indicates your team's check-in location. Please check in at the designated location, as your team's credentials will **only be available** at your assigned check-in location.

The following assignments utilize your club's CCS abbreviation. You can verify your club's abbreviation by looking at the College Club Swimming website.

| Athlete Entrance A * | Athlete Entrance D | |
|-------------------------------------|-------------------------------------|--|
| CCS Club Abbreviations A – Q | CCS Club Abbreviations P – Y | |

Friday after 5:15 PM & Saturday morning: All teams can check-in at Entrance D ONLY.

After Saturday Morning: Check-in is only available by contacting the Meet Director via email.

What to Bring to Check-in

Please bring a printed or digital copy of your receipt showing payment of your swimming entry fees through CCS/Club Assistant (the registration software). **If you do not provide a receipt, your team will be unable to check-in and unable to enter the pool deck.**

What'll You'll Receive at Check-in

Team check-in bags will include all athlete and coach/president credentials, heat sheets, seating maps, and other meet-related documents. Teams will also receive a highlighter for heat sheets and an extra pen. Please note that teams **WILL NOT** receive these items without proof of payment. Without their credentials, swimmers will not be allowed on the pool deck for warm-ups or competition, so make sure you have your proof of payment ready to go when you arrive!

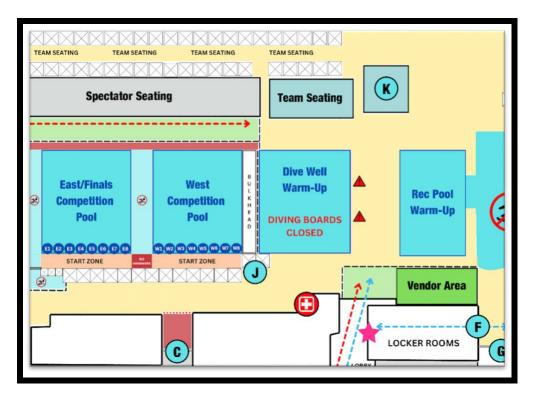
Presidents' Meetings

Schedule

| Friday Session | 4:30 PM |
|------------------|---------|
| Saturday Prelims | 8:00 AM |
| Saturday Finals | 5:15 PM |
| Sunday Prelims | 8:00 AM |
| Sunday Finals | 4:15 PM |

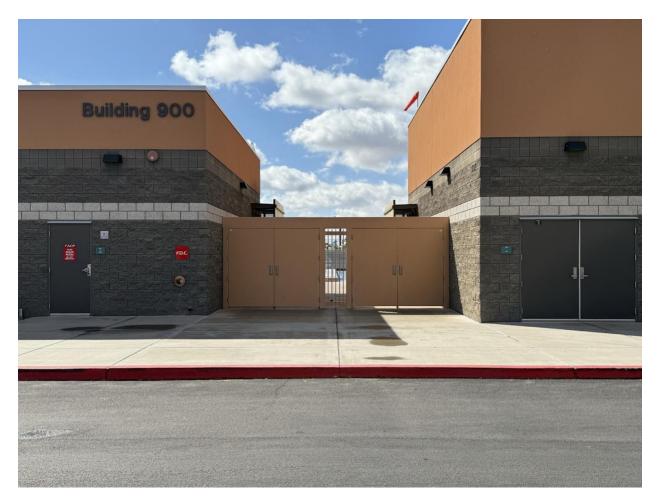
Location

President's meetings will take place in the pavilion on the pool deck located adjacent to the spectator/team seating stands and between the diving well and rec pool. The pavilion is indicated on the map below as **(K)**.



Volunteer & Officials Information

Upon arrival, volunteers and officials should proceed to **Entrance C**, as indicated on the map on page 7 and shown below. Volunteers and officials will be greeted by staff for check-in and will receive their credentials and instructions.



Shown above is Entrance C.

Reminders & Communication

Pool, Deck, & Stands

Athlete credentials grant you access to the entire pool deck; however, please remember to sit **ONLY** in your assigned team area and to be respectful of other teams' space. Unless you are heading to the starting zone to swim a race, it is wise to carry your credential with you at all times. Deck managers and meet marshals will be available to guide athletes if you have questions.

Spectator Tickets & Heat Sheets

All spectator tickets have sold out; no additional tickets will be available on-site. Those who have not purchased tickets will be turned away at the door. All spectators should be prepared to have their ticket scanned at the Entrance D on the east side of the facility. Spectators will be able to access the vendor area through Entrance B, the facility's main lobby, however, it is not possible to access the spectator seating using this entrance.

Complementary heat sheets will be available on MeetMobile and the CCS website. QR codes will be posted around the facility. No physical heat sheets will be available.

Meet Communication

This year we will be utilizing **Signal** for all reminders and real-time updates. All presidents are required to join the Signal group, and it is highly recommended that swimmers who are the only representation of their club join as well. This is an app/messaging service similar to the Remind 101 chat used in previous years. You can join the 2025 TYR CCS Nationals Signal group by doing the following three steps:

- Download the Signal app on iPhone/Android by visiting signal.org/install or looking up the app in your phone's app store.
- 2. Create an account utilizing your phone number.



3. <u>Click here</u> to join the Signal group or scan the QR code here \rightarrow

Signal is also available for download on any Windows, Mac, or Linux operating system by visiting <u>signal.org/download</u> and then joining the group by following steps 2 and 3 above. Note that the QR code / link will not work until you have downloaded Signal and created an account.

The CCS President's Discord will also be utilized for teams to ask questions in the #nationals2025 thread. Presidents not already in the Discord can join through the link in the Signal group description or contact their CCS AB Region Representatives via email to be added.

General Reminders & Recommendations

Below is a selection of recommendations put together by the Nationals Organizing Committee to ensure swimmers have the best experience possible at the facility:

- 1. Since this is an outdoor facility, wall outlets to charge phones, etc. will not be readily available plan to bring portable chargers.
- 2. If your team is seated in the grassy area behind the spectator stands, please make an effort to dry off before returning to your seat. It is recommended that you wear shoes (sandals or crocs are perfectly fine!) while sitting in the grassy area to minimize the amount of grass and dirt tracked onto the pool deck and to protect your feet. Laundry baskets will be provided behind each starting block for athletes to place their shoes, towels or other clothing items.
- The sun will likely be bright throughout the day, but as finals progress, the sun may fade. Having both mirrored and non-mirrored goggles will help you swim your best no matter the light setting (the pool is well-lit at night).
- 4. Additional spectator/volunteer/staff restrooms will be available for dry athlete use only. Please be respectful of spectators and keep the restrooms in order.
- 5. Plan to bring warm towels, parkas/jackets and shoes with extra socks, as the deck may be colder first thing in the morning and later at night when the sun is lower in the sky.
- 6. Private changing tents are being provided for swimmers to change into racing suits please do not crowd restroom stalls just to change suits.
- 7. Don't forget to bring sunscreen!

Health & Safety

Below are the closest medical centers and urgent cares to the facility.

Medical Centers (ER Open 24/7)

HonorHealth Mountain Vista Medical Center (within 1 mi of facility) 1301 S Crismon Rd Mesa, AZ 85209 https://www.honorhealth.com/locations/hospitals/mountin-vista-medical-center

Banner Baywood Medical Center 6644 E Baywood Ave Mesa, AZ 85206 https://www.bannerhealth.com/locations/mesa/banner-baywood-medical-center

Urgent Care

Banner Urgent Care (within 1 mi of facility) 1157 S Crismon Rd Ste 101 Mesa, AZ 85208 Hours: Monday - Sunday, 8:00am - 8:00pm https://www.bannerhealth.com/locations/mesa/banner-urgent-care-crismon

HonorHealth Urgent Care - Mesa - Signal Butte Road 1955 S. Signal Butte Rd. Ste. 103 Mesa, AZ 85209 Hours: Monday - Sunday, 7:00am - 7:00pm https://www.honorhealth.com/locations/urgent-care/honorhealth-urgent-care-mesa-signal-butte

Parking Information

We are pleased to offer free parking for all teams and spectators at the Skyline High School parking lot. All parking entrances can be accessed via S. Crismon Road. Note that any charter/school buses should plan on dropping swimmers off and returning later for pick-up at the conclusion of a given session.

Pool Address: 845 S. Crismon Rd, Mesa, AZ 85208

Parking Zones (please see map below)

ZONE 1: Parking available at all times.

ZONE 2: Parking permitted ONLY on Saturday and Sunday.

ZONE 3: Overflow parking is available at Skyline Park (655 S. Crismon Rd). Teams and spectators may use this area during city park hours (sunrise - 10 PM or as otherwise posted) and will need to walk a short distance to the pool.

*Expect slightly increased parking congestion on Friday morning/afternoon as school is still in session. We recommend that spectators plan to arrive after **4:00 PM** on Friday to minimize traffic. Traffic on Saturday and Sunday is expected to be minimal.

