

**2022 EASTERN REGIONAL
CHAMPIONSHIP**

COLLEGE PARK, MD  OCTOBER 15 - 16

CCS Eastern Regional Championships
University of Maryland
College Park, MD
Eppley Recreation Center

Saturday, October 15th - Sunday, October 16th, 2022

Table of Contents

1. Facility Information
2. Parking
3. Meet Contacts
4. Meet Cost and Entries
5. Saturday's Schedule
6. Sunday's Schedule
7. Meet Logistics
8. Volunteers
9. Results
10. Where to Stay
11. Things to do in the area

Welcome:

University of Maryland, College Park is so excited to host this year's Eastern Regionals! Please see below for information.

Facility Information:

Location: Eppley Recreation Center
University of Maryland
4128 Valley Drive,
College Park, Maryland 20742

****All swimmers must enter the facility through the side entrance, as it is the only direct entrance from outside. This side entrance is next to the climbing wall and tennis courts****

The Eppley Natatorium consists of two pools. Two are eight-lane, 25 yard competition courses and the other is a therapy pool for warm-up and cool-down. We will be utilizing all pools throughout the meet. The competition pool closest to the diving well will be used for the women's events, while the center competition pool will be used for the men's events. This will switch on Sunday. For finals, we will be using the center competition pool only.

Bleachers are available on deck and in the spectator seating. These will be pre-assigned to teams prior to the start of the meet. Space is limited and will be distributed based on how many swimmers you are bringing.

Parking:

Free parking is available in **Lot 6** (Terrapin Trail Garage behind Eppley), **Lot 4, Lot 9, Lot 1, and Lot Q** (between Stadium Drive and Farm Drive/next to the practice fields). Double check the signs when parking to ensure you are not in a metered spot. Pay special attention because parking has recently changed.

Terrapin Trail Garage:

4155 Terrapin Trail,
College Park, MD 20742

<https://transportation.umd.edu/parking/maps>

2018 - 2019

TRANSPORTATION SERVICES
Campus Parking Map

Map Key

Visitor Parking Rates

Pay Area	53hr Daily (no daily rate)	Hours
		Daily, 7AM - Midnight

Parking Restrictions

*Posted lot signs take priority over the information below

At the entrance to each parking lot there are parking signs identifying specific lot restrictions. During restricted times, a permit or Campus License Plate Registration (CLPR) is required. All parking lots are restricted from 7am-4pm Monday through Friday. Some lots have additional restrictions which are listed below:

Required	Parking Restrictions
Unrestricted after 4PM (Bike and Scooter Fees)	Open - open Mon - Fri, and Sat & campus parking registration required.
Restricted after 4PM (Motorcycle & Scooter Fees)	Open - open Mon - Fri, and Sat & campus parking reg. required. Only 75¢ reg. allowed at all other times.
Modified restricted (Motorcycle & Scooter Fees)	Open - open Mon - Fri, and Sat & campus parking reg. required. 75¢ reg. may be used Mon - Fri, and all day Sat and Sun.
24-Hour restricted (Bike and Scooter Fees)	24 hours a day 7 days a week with 24 hour campus parking registration required.
Special Restrictions	All requires an UMD CLPR permit: Term - open Mon - Fri, TV requires an TV CLPR permit: Term - open Mon - Fri, TV requires an TV CLPR permit: Term - open Mon - Fri.

Overflow Parking Lots for Registered Parkers
Students: L1-4
Faculty/Staff: R, P, U, X, X, X, X, Z, 300, 1, 3, 4, 5, 6, 7, 9, 11, 13, 15, 17, 19

Gated Parking Lots
L1b, A, C1, C2, L, G, F and W1

Parking Lot Directory

1b	C10	11b	F7	CC2	E8	K1	F11	N6	O11	RR	E9	XX1	F7
1c	C10	15	F13	CM	E12	K2	G11	N6	F13	RR2	F6	Y	E11
1d	C10	16a	F11	D	D11	K5	F12	N7	D7	S3	E7	Y	C7
1e	C10	16b	G11	DD	F7	K7	G7	N8	F11	S7	D6	Y	F7
1f	C10	16f	G11	E	F9	KK	F8	N9	C7	S8	D7	Z	C9
2a	C7	17a	G12	EE	F9	L	F10	NN	E5	S9	F11		
2b	C7	17b	G12	F	F12	LL1	E12	O1	C11	SDG	C8		
3	C11	17c	G12	FF2	E7	LL2	F12	O3	C11	SS1	D7		
4a	G7	17d	G12	G	F8	LL3	E12	O5	C11	SS2	D7		
4b	E5	19	D12	GG1	F8	LL4	C8	P1	E5	T	F7		
4h	#	A	D11	GG2	F8	LL5	C7	P2	E5	T	E9		
4k	#	AA1	F9	H	F9	M	D9	PH1	E7	TV	#		
4m	#	AA2	F9	HH	D10	MM1	D8	PH2	E7	U1	D12		
4n	E5	B	E9	II	F9	NN2	E7	Q	D8	UU1	E7		
5	E5	BD	D9	J2	F11	NN3	E6	Q1	E8	UZ	D12		
6	D6	C1	F10	J1	C11	N	C7	QQ	E10	W	E11		
7	G11	C2	F11	J2	C11	NS	D7	R3	D8	WI	E11		
9b	F7	CC1	E7	J33	C10	N4	D7	R4	D8	X1	#		

Note: Parking lots with a # can be found on the back of the map.

NOTE: Printed map subject to change. Please visit our website for the most current map: www.transportation.umd.edu or www.transportation.umd.edu/maps-access.html

Meet Contact:

umdclubswim@gmail.com

President:

Gianna Gucciardo

(516) 406-2267

Meet Director:

Daniel Greigg

(301) 641-1338

Head Official:

Morgan Hurley

mhurley@peerreview.com

We will be using the CCS President's Discord to stay in contact with club presidents throughout the weekend. We will contact you about any meet changes, social events, and more.

Meet Cost: \$15 per swimmer
\$8 per relay

Payment: An invoice will be sent available in the president account after registration and relays close. Payments can be made by check to U.S. Masters Swimming or credit card within the president account.

Entries: Meet entries are due by **Friday, October 7th, 2022** – please submit online on the CCS website.

Entry Limits:

3 individual events per swimmer per day.

2 relay teams per event. (A and B teams for both men and women).

Teams and individuals must be registered under CCS:

<https://www.collegeclubswimming.com/page.cfm?pagetitle=Club+Registration>

<https://www.collegeclubswimming.com/page.cfm?pagetitle=Individual+Registration>

Submit all entries on the CCS page

https://www.clubassistant.com/club/login_form.cfm?c=2417

By Friday, October 7th, 2022.

Meet Schedule:

SATURDAY PRELIMS

Warm-ups: 7:00am – 8:30am

Meet Start Time: 8:45am – 2:00pm

Event Order: Odds Women (far pool), Evens Men (main pool)

Women	Event	Men
#1	200 Freestyle Relay	#2
#3	400 IM*	#4
#5	50 Backstroke	#6
#7	100 Freestyle	#8
#9	200 Butterfly	#10
	<i>15 minute break</i>	
#11	400 Medley Relay	#12
#13	100 Breaststroke	#14
#15	50 Butterfly	#16
#17	200 Backstroke	#18
CO-ED	Flip Cup Relay	CO-ED
#19	500 Freestyle*	#20

*Timed finals event.

SATURDAY FINALS

Warm-ups: 4:00pm – 5:00pm

Meet Start Time: 5:15pm – 9:00pm (this is the time slot we have reserved for the pool)

Event Order: Odds Women, Evens Men. Using main pool.

SUNDAY PRELIMS

Warm-ups: 7:00am - 8:00am

Meet Start Time: 8:15am – 1:30pm

Event Order: Odds Women (main pool), Evens Men (far pool)

Women	Event	Men
#21	200 Medley Relay	#22
#23	200 IM	#24
#25	200 Freestyle	#26
#27	50 Breaststroke	#28
#29	100 Backstroke	#30
	<i>15 minute break</i>	
#31	400 Freestyle Relay	#32
#33	100 Butterfly	#34
#35	50 Freestyle	#36
#37	100 IM	#38
#39	200 Breaststroke	#40
CO-ED	Gatorade Chug Relay	CO-ED
#41	Mixed Relay	#42

*Timed finals event.

SUNDAY FINALS

Warm-ups: 2:15pm – 3:15pm

Meet Start Time: 3:30pm – 9:00pm (this is the time slot we have reserved for the pool)

Event Order: Odds Women, Evens Men. Using Main pool.

Awards and Scoring:

Scoring will occur to 16 places 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1, and double for relays.

There will be awards for the top 3 swimmers in finals and timed finals individual events.

There will be awards for the top 3 relay teams in relay events.

Admission and Programs:

Spectator seating will be \$5 for one day, \$7 for both. Wristband will be required for entry. Purchase of the meet packet will be \$5.

Heat sheets will also be online at

<https://umdclubswim.wixsite.com/clubsports>(free) and Meet Mobile (subscription required)

There will also be one heat sheet provided per team and they will be posted on the wall on the deck, and in the hallway behind the spectator area before the beginning of each session.

Concessions:

Concessions will not be available during this meet. Swimmers ARE allowed to bring their own food/ drinks AS LONG AS IT GETS PROPERLY THROWN OUT*****

Vendors:

On site will be Greenlayer and UMD apparel.

Swimmers with Disabilities:

USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's participating team. The meet organizers will provide all swimmers with disabilities a chance to swim in events for which they have qualified. (met the time standards of the meet). Accommodations that may be requested include seeding into specific lanes and requesting hand signals.

For more information, see CCS Handbook, section 2.4:

https://www.clubassistant.com/c/72E6D32/file/College%20Club%20Swimming%20Governance%20Handbook_2019-20.pdf

If this applies to any swimmers, please notify UMD at umdclubswim@gmail.com.

Volunteers:

To ensure that every swimmer has a timer, we will be requesting volunteers from every team with more than 10 participants. We need two timers in each lane for prelims and finals. This can be a swimmer who isn't swimming that session or a spectating parent. Timers who are parents will receive a bag tag to enter the deck. Presidents, please sign up your volunteers with this link:

https://docs.google.com/spreadsheets/d/1XY72ZQtgxEuJLNx32rc_2dvd7xWSN4rjIjg8GFHtQ_M/edit?usp=sharing

Swimmers participating in the 500 Freestyle events must provide their own counters. Lap counters will be provided.

*****We are looking for volunteers for officials. If any parents are USMS, USA-S, NCAA, YMCA or NFH certified and would like to help out, please contact the club at umdclubswim@gmail.com or our head official, Morgan Hurley (see above in contact info)******

Other logistics:

- Flyover/overhead starts will be used.
- Each swimmer and timer will be required to come in through the swimmers entrance. This is located at the back of the gym located near the climbing wall and tennis courts.
- Upon a no-show, no penalty will be given to the swimmer or the team. The swimmer is allowed to swim in a later heat if an open lane is available. It is the swimmers job to talk to the referee/official.

Scratching for Finals:

This meet will follow the USA Swimming procedures for scratching from finals.

At the conclusion of a preliminary event, the top 16 swimmers and alternates will be announced over the public address system. At the end of the results the announcer will state the time. Swimmers in the top 16 will have half an hour to declare that they do not wish to swim that event in finals. A swimmer who is awaiting their result in another event may postpone the decision for an event by declaring an “intent to scratch”. Such swimmers must provide their last event of the day and must confirm the scratch by half an hour after the results of the

swimmer's last event are announced. Swimmers who do not scratch are confirmed as swimming in finals.

Swimmers who qualify for finals, do not scratch, and are no-shows are disqualified from further competition at the championship, unless there are extenuating circumstances. The decision of the referee in this respect is final.

Results:

Results will be available on the CCS website under the 2022 Regionals Page. They can also be seen on Meet Mobile.

Where to stay:

Hotel Name	Address	Distance to pool	Price	Website	Number of Rooms
College Park Marriott	3501 University Blvd E, Hyattsville, MD 20783	(1 mi), 5 min drive or 15 min walk	\$206/night	https://www.marriott.com/hotels/travel/wasum-college-park-marriott-hotel-and-conference-center/?scid=bb1a189a-fec3-4d19-a255-54ba596febe2	206
The Hotel at UMD	7777 Baltimore Ave, College Park, MD 20742	(1 mi), 5 min drive or 15 min walk	\$229/night	https://www.thehotelumd.com/	297
Best Western	8419 Baltimore Ave, College	(0.8 mi), 9 min drive, 15 min walk	\$159/night	https://www.bestwestern.com/en_US/book/hotel-rooms.21056.html?iata=00171880&ssob=BLBWI0004G&cid=BLBWI004G:google:gmb:21056	50

	Park, MD 20740				
Cambria	8321 Baltimore Ave, College Park, MD 20740	(0.8 mi), 9 min drive, 15 min walk	\$150/night	https://www.cambriacollegepark.com/en-us	150
Holiday Inn Express	9020 Baltimore Ave, College Park, MD 20740	(1 mi), 10 min drive, 20 min walk	\$152/night	https://www.ihg.com/holidayinnexpress/hotels/us/en/college-park/wasua/hotel/detail?cm_mmc=GoogleMaps--EX--US--WASUA	128

****There are also numerous hotels outside of the immediate area (1-3 miles from the pool) which are within a 10-15 minute drive.****

Things to do in the area (Saturday Night):

- 1. Washington, D.C.-** Go out and explore the nation’s capital! We are a short bus ride away from the College Park Metro (Green Line), and soon you are in D.C. There is always something happening in the capital such as live music, museums, food, and art.

**Submit all entries on the CCS page
By Friday, October 7th, 2022.**

