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COLLEGE CLUB

SWIMMING

U.S. MASTERS SWIMMING

**2018 EASTERN REGIONAL
CHAMPIONSHIP**

NEW BRUNSWICK, N. J. • NOVEMBER 2-4

2018

CCS Eastern Regional Championships

Friday November 2nd-

Sunday November 4th

Sonny Werblin Recreation Center

Rutgers University

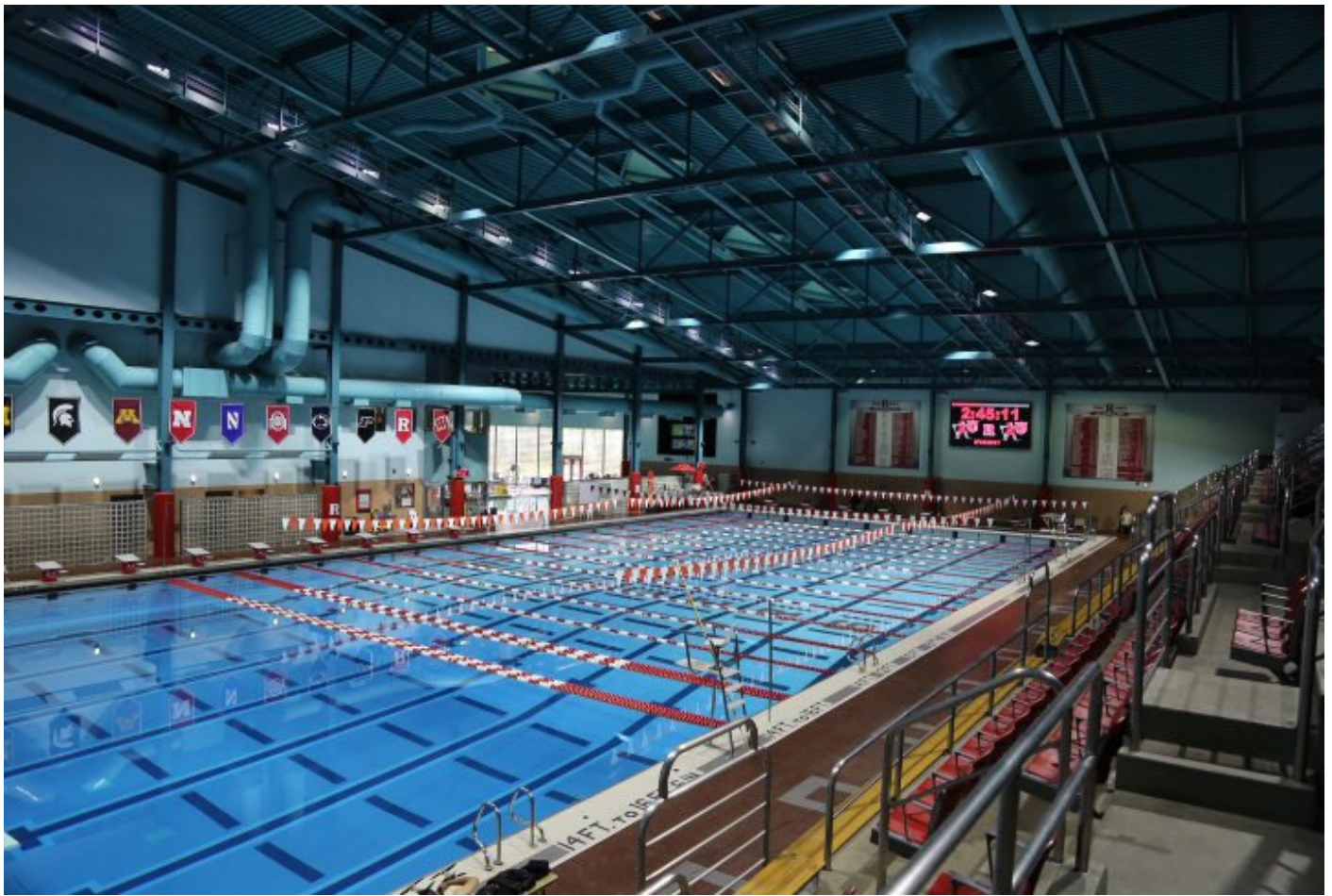


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Welcome

Rutgers University Club Swimming is pleased to host the first Eastern Regional Club championships, to be held on the Busch campus of Rutgers University, Piscataway NJ. The meet will be held from Friday November 2nd, to Sunday November 4th. There will be finals events on Friday evening, and Saturday afternoon, and prelims/finals events on Saturday and Sunday Morning/Evening.

Facility Information

Sonny Werblin Recreation Center is on Busch campus, Rutgers University. 656 Bartholomew Rd, Piscataway NJ 08854 (information and directions: <http://recreation.rutgers.edu/facilities-5/locations/werblin/>).

The Sonny Werblin pool has two 8-lane, 25 yard competition courses, with pedestal starting blocks and Colorado Timing systems. The water depth in the competition pools is a minimum of 6 feet. There is an auxiliary pool (patio pool) for warm-up and warm-down throughout the meet.

There is seating for 1,000 swimmers and spectators, including 400 chair-backed seats. The remaining seating is bleacher style.

Meet Contacts

Host Team Contact: Patricia Kolesa	ruclubswim@gmail.com	
Meet Director: Patrick Ding Jr	patrickd2187@gmail.com	
Meet Referees: Roni Sawin Steve Sawin	ronisawin2@aol.com & SPSawin@aol.com	
Meet Management: Be Smartt Inc	besmarttinc@gmail.com	732-354-1086

Entry Information

Eligibility: This meet is open to all swimmers who are members of a team registered under College Club Swimming. To be an individual CCS member, a swimmer needs to be a member of a CCS registered club. They can only be a member of one registered CCS club at a time. The swimmer must also meet the following requirements:

- Is at least 18 years-old on the day of CCS registration.
- Is a member in good standing with a CCS club affiliated with a university or college.
- Is affiliated with the university as a full-time or part-time undergraduate or graduate student in the current academic term, a full-time co-op/intern student or faculty and staff in the current term.

Entries Open: October 1st at 12:00am

Entry Deadline: October 24th, 2018 @ 11:59pm. The meet may close earlier if it fills.

Entry Fees: \$15 per swimmer and \$15 per relay

Entry Limits: 3 individual events per swimmer.

Teams and individuals must be registered under CCS

<https://www.collegeclubswimming.com/page.cfm?pagetitle=Club+Registration>

<https://www.collegeclubswimming.com/page.cfm?pagetitle=Individual+Registration>

Entry Information

Entry is via Hy-Tek Team Manager. Clubs that do not have a licensed copy of TM may download one from <http://besmarttinc.com/tmiilite/choice.htm>. The entry coordinators will assist clubs with installation and entering swims and relays.

There will be no refunds after the entry deadline

No late entries will be accepted

Checks should be made out to **Rutgers, the State University**

Entry times must be in short course yards (SCY). Converted times and NT are accepted.

Meet Schedule

Friday Evening November 2nd—Timed Finals

Facility Opens to swimmers at 4:45pm

Warm-Up: 5:00pm-5:50pm, Check-in:5:15pm

Session Starts: 6:00pm

Women	Event	Men
#1	400 Medley Relay	#2
#3	500 Freestyle	#4
#5	400 IM	#6
#7	800 Freestyle Relay	#8

Saturday Morning November 3rd—Preliminaries

Facility Opens to swimmers at 7:00am

Warm-Up: 7:15am-8:40am, Check-in:8:00am

Presidents' Meeting: 8:00am

Session Starts: 8:45am

Women	Event	Men
#11	200 IM	#12
#13	50 Backstroke	#14
#15	100 Freestyle	#16
#17	200 Butterfly	#18
#19	100 Breaststroke	#20
#21	50 Butterfly	#22
#23	200 Backstroke	#24

Saturday Midday November 3rd—1000 Freestyle Timed Finals

Facility Opens to swimmers at TBD**

Warm-Up: Half-Hour-TBD**

Check-in: TBD**

Session Starts: TBD**

Women	Event	Men
#9	1000 Freestyle	#10

** The schedule for this session will be determined after all entries have been received and processed. These events may be heat limited, depending on entries and meet timeline. Teams will be notified at least one week before the meet of potential changes.

Saturday Evening November 3rd—Finals

Facility Opens to swimmers at 4:45pm

Warm-Up: 5:00pm-5:50pm, Check-In: 5:30pm**

Session Starts: 6:00pm

Women	Event	Men
#11	200 IM	#12
#13	50 Backstroke	#14
#15	100 Freestyle	#16
#17	200 Butterfly	#18
#19	100 Breaststroke	#20
#21	50 Butterfly	#22
#23	200 Backstroke	#24
#25	200 Freestyle Relay	#26

** Check-in for relays and confirm finalists.

Sunday Morning November 4th—Preliminaries

Facility Opens to swimmers at 7:00am
Warm-Up: 7:15am-8:40am, Check-in:8:00am
Presidents' Meeting: 8:00am
Session Starts: 8:45am

Women	Event	Men
#29	200 Freestyle	#30
#31	50 Breaststroke	#32
#33	100 Backstroke	#34
#35	100 Butterfly	#36
#37	50 Freestyle	#38
#39	100 IM	#40
#41	200 Breaststroke	#42

Sunday Afternoon November 4th—Finals

Facility Opens to swimmers at 2:45pm
Warm-Up: 3:00pm-4:20pm, Check-in:3:45pm**
Session Starts: 4:30pm

Women	Event	Men
#27	200 Medley Relay	#28
#29	200 Freestyle	#30
#31	50 Breaststroke	#32
#33	100 Backstroke	#34
#35	100 Butterfly	#36
#37	50 Freestyle	#38
#39	100 IM	#40
#41	200 Breaststroke	#42
#43	400 Freestyle Relay	#44

** Check-in for relays and confirm finalists.

Awards and Scoring

Scoring will occur to 16 places 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1, and double for relays.
There will be awards for the top 3 swimmers in finals and timed finals individual events.
There will be awards for the top 3 relay teams in relay events

Admission and Programs

Admission will be \$5 per session for spectators (cash only)

Heat sheets will be online at www.besmartinc.com (free) and Meet Mobile (subscription required)

There will also be one heat sheet provided per team and they will be posted on the wall on the deck, and in the hallway behind the spectator area before the beginning of each session

Concessions

Concessions will **not** be available Friday night but will be available Saturday and Sunday until 1pm in the hallway. A food court is also available at the Busch Campus Center located at 604 Bartholomew Rd, about a five-minute walk from the venue, across the parking lot, until 9pm

Shirts will be sold by Northwest throughout the event.

Swimmers with disabilities

USA Swimming rules and regulations provides "guidelines for officiating swimmers with disabilities" and any athlete who needs any of these adaptations should provide the Referee with a note stating their name, their specific need, and a list of events in which they need assistance prior to the start of each session's competition. If necessary, this information may be provided by the swimmer's participating team. The meet organizers will provide all swimmers with disabilities a chance to swim in events for which they have qualified. (met the time standards of the meet). Accommodations that may be requested include seeding into specific lanes and requesting hand signals.

Logistics

The host club will provide:

- Announcers, runners, timers and safety marshals throughout the weekend.
- A warm-up schedule that is fair to all teams.
- A timing assignment schedule that is fair to all teams, with as many teams participating as possible.
- Meet officials. A team of officials certified by USA Swimming and CSOA has been arranged for the meet.
- Posting of heat sheets and results on deck, and in the corridor behind the spectator area.

Participating clubs must be prepared to provide:

- A team contact cell phone number. Texts with important announcements will be sent to this number.
- One volunteer from each team must be provided per 10 people for timing throughout the weekend.
- Swimmers participating in the 500 and 1000 freestyle events must provide their own counters. Lap counters will be provided by the facility

At prelims and the timed finals sessions, fly-over/overhead starts will be used.

At finals sessions, the swimmers in the the B heat of finals and all relay heats will be announced while they are swimming ("in the water"). Swimmers in the A heat will be announced while they are behind the blocks before the heat is turned over to the referee. Swimmers with names that might be mispronounced should contact the announcer who will be at the main pool scorer's table during warm-up to confirm correct pronunciations.

Deck Access

In order to ensure that only authorized personnel are on deck, wristbands will be issued to team presidents on their entry to the first session where the team is participating. Presidents should distribute the armbands to swimmers and non-swimming coaches before warm-up:

Warm-Up Procedures

Warm-up Procedures:

- For the prelims and timed-finals sessions, teams will be assigned lanes as fairly as possible, so that there will be roughly the same number of swimmers in each lane.
- The warm-up schedule will be e-mailed to team presidents at least one week before the meet and will be posted on the window of the control room during the meet.
- Swimmers must enter the pool at the pool's start end, either feet first, or 3-point contact sitting entry (swimmer sits on the deck at the edge of the pool, with hands on the deck. When it is safe, the swimmer will slide forward into the water). Swimmers who require special consideration due to disabilities should notify the meet referee before the start of warm-up (see *Swimmers with Disabilities* section above)
- Swimmers must swim in a counterclockwise direction during general warm-up.
- Lanes 7 & 8 in each pool will be used for starts during the last 15 minutes of each warm-up session.
- Warm-ups for finals will be open. Lanes 7 & 8 will be used for starts during the last 15 minutes.
- Swimming equipment **is not allowed** in the competition pool or warm-up pools at any time during the meet.

Presidents' Meeting

There will be a mandatory presidents' meeting on Saturday and Sunday morning on the deck by the patio pools at 8am. All teams are required to send a representative to these meetings.

Meet Committee

A meet committee will be elected at the Saturday morning president's meeting. The committee will make decisions that are necessitated by unforeseen circumstances during the meet. The committee will comprise:

- The meet referee
- The meet director
- A representative from Be Smartt, the management company
- Two team presidents not from the host team elected at the Saturday morning presidents' meeting. Candidates should be prepared to be available for a committee meeting throughout the duration of the meet.

Check-In

- Check-in sheets listing all swimmers in a team and their entries in that session will be available at the beginning of each session at the building entrance. Team presidents should collect them on entry.
- Team presidents should check-in/scratch all their swimmers by the scratch deadline for each session.
- Swimmers that are swimming in the session should have a line through their name.
- Swimmers being scratched should have their names circled with a "SCR" next to the circle.
- Swimmers scratching a single event will have a line through their name and the event number circled with "SCR" next to the circle.
- Failure to follow this procedure may result in the swimmer(s) being scratched from the session.
- **The meet management staff are available in the control room throughout check-in to assist any team president requiring assistance with check-in.**

No-Show

No penalty will be incurred for an unscratched swimmer who fails to report to the starting blocks for his/her scheduled event. However, the event will be counted toward the swimmer's maximum allowable swims for the meet. The swimmer may be allowed to swim the event in a later heat if the swimmer is at the starting end of the pool, ready to swim, and an open lane is available. However, the host club will not schedule an additional heat to accommodate the swimmer.

Scratching for Finals

- This meet will follow the USA Swimming procedures for scratching from finals.
- At the conclusion of a preliminary event, the top 16 swimmers and alternates will be announced over the public address system. At the end of the results the announcer will state the time. Swimmers in the top 16 will have half an hour to declare that they do not wish to swim that event in finals.
- A swimmer who is awaiting their result in another event may postpone the decision for an event by declaring an "intent to scratch". Such swimmers must provide their last event of the day and must confirm the scratch by half an hour after the results of the swimmer's last event are announced.
- Swimmers who do not scratch are confirmed as swimming in finals.
- Swimmers who qualify for finals, do not scratch, and are no-shows are disqualified from further competition at the championship, unless there are extenuating circumstances. The decision of the referee in this respect is final.

Meet Web Site

<http://www.besmartinc.com> will have up to date information about the meet. Teams should check this site frequently for updates. Information will also be available at collegeclubswimming.com, and Meet Mobile (subscription required).

Pre-Meet Information posted on website (once entries have been received):

- Teams participating in the meet
- Psych sheets
- Updated meet schedule
- Warm-Up Schedule
- Timing Assignments

During the meet:

- Heat Sheets at the beginning of each session
- Real-time results (in Hy-Tek real-time result format)
- PDF results at the end of each session
- Scores

After the meet:

- PDF final results and scores
- TM Result File

Results

PDF results and a TM result file will be e-mailed to the presidents of all participating teams and posted on the meet web site.

Hotels and Parking

There are a number of hotels in the area. The Fairbridge Inn and Conference Center, has double rooms at \$85/night for the meet <https://www.fairbridgesomerset.com/>. Call the hotel 732-356-1700.

It is required that all teams, spectators and officials register their vehicles under the following link <http://go.rutgers.edu/parking> before the meet to avoid receiving a ticket.

Teams intending to travel by coach should contact the host team at ruclubswim@gmail.com to make parking arrangements.