

2019 FINIS College Club Swimming National Championship
March 29-31, 2019 | McCorkle Aquatic Pavilion | Columbus, OH



2019 NATIONAL CHAMPIONSHIP



COLUMBUS, OH  **MARCH 29-31**

2019 FINIS College Club Swimming NATIONAL CHAMPIONSHIP

March 29-31 | McCorkle Aquatic Pavilion | Columbus, OH

Hosted by Club Swimming at Ohio State

MEET INFORMATION PACKET

Meet Results Submission Deadline: March 7, 2019 at 11:59pm EST

Athlete Entry Deadline: March 13, 2019 at 11:59pm EST

President/Coach Confirmation: March 14-17, 2019 at 11:59pm EST

Final Changes Due: March 20, 2019 at 11:59pm EST

Website: <http://csosu.weebly.com/2019-nationals.html>

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FACTS ABOUT THE MEET

Sanctions

Applications have been submitted for the 2019 College Club Swimming National Championship to be held under the recognition of US Masters Swimming and under observation of USA Swimming. This meet packet will be updated when the sanctions are received.

Meet History

Formerly known as the East Coast Collegiate National Championships, Georgia Tech Swim Club first hosted this meet with 6 clubs and 73 swimmers in attendance in its inaugural year, 2004. With the elimination of many varsity swimming programs across the country, the collegiate club scene has seen a spike in participation over the past 15 years; the meet has grown into the largest and fastest collegiate swim meet outside of the NCAA. Our national governing body, College Club Swimming, was formed in 2017 in partnership with US Masters Swimming. The first College Club Swimming National Championship, held in April 2018 and hosted by Georgia Tech Swim Club, was attended by 2,182 athletes from 116 clubs. Eight meet records and 41 CCS records, including all ten relay records were broken. Georgia Tech took the overall trophy, with the University of Virginia and The Ohio State University placing second and third overall, respectively.

The Second Annual College Club Swimming National Championship

There are several new rules and entry changes. Please read this document carefully. CCS will have representation at the event and will be available full-time for comments and questions.

QUICK REFERENCE: MAJOR CHANGES

Entry Deadlines

There will not be a late deadline for athletes this year. All entries will be due Wednesday, March 13, 2019. If athletes are added to a team's roster after this date (during the confirmation period), their team will be subject to a \$100 late entry fee. Please see [Page 17](#) for more information.

Bonus Events

There will be NO bonus events allowed at the 2019 CCS National Championships. Swimmers must meet the qualifying times, as specified on [Page 19](#), for each event they wish to swim.

Relays

Swimmers must qualify in an individual event in order to swim on a relay, even if they choose to not compete in an individual event for which they have qualified.

The following relays will now be swum as prelims/finals event: 4x50 medley relay, 4x50 freestyle relay, 4x100 freestyle relay. All relays entered in these three events must swim in prelims and place in the top 20 in order to qualify for finals. **Only A relays may qualify for finals.**

Teams may change relay line-ups between the prelims and finals session, provided their A relay qualifies for finals. Relay cards are due one hour before the start of the respective prelims or finals sessions.

Examples of acceptable changes: Swimmers may swim in the B relay during prelims and in the A relay during finals in a relay event. Swimmers may swim in the finals relay without having swam in the prelims event.

Swimmers may not swim in both the A relay and in the B relay during a prelims session in a single relay event.

Entry Fees

The entry fees for relays are now \$6 per relay.

MEET ADMINISTRATION

Facility Address

McCorkle Aquatic Pavilion
The Ohio State University
1847 Neil Avenue
Columbus, OH 43210

OSU Director of Aquatic Events

Christine Thompson
mccorkle@osu.edu
614-247-7370

Meet Director

Michael Cochenour
Deputy – Shane Riddle
nationals.csosu@gmail.com
330-936-1771

OSU Rec. Sports Assoc. Director, Aquatics

Zach Skinner
skinner.199@osu.edu
614-688-3587

CSOSU President

Kathryn Sparrow
clubswimmingatohiostate@gmail.com
614-395-6550

Meet Referee

Tom Mantkowski
tmantkowski@mindspring.com
513-328-7469

CSOSU Officers

Vice President	Braden Kane	Fundraising Chair	Katie Donovan
Treasurer	Winston Kuriger	Social Chair	Isaac Lumley
Meet Coordinator	Jeremiah Vannest	Risk Manager	Allison Watkins
Apparel Coordinator	Harold Kahler	Former President	Natalie DeLeon

Meet Committees

Apparel & Merchandise
Awards & Ceremonies
Media & Marketing
Sponsorships & Hospitality
Team Registration
Treasurer
Venue Logistics
Volunteers

Joe Berno, Harold Kahler & Sabrina Smith
Shannon Pyle & Amanda Sequeira
Jenna Berg & Nia Garama
Abby Moellering, Shashank Singh & Nolan Woods
Grayton Giesman & Annalise Hoover
Jack Mantkowski
Alex Borchers & Linsie Zhang
Sophie Maharry & Gina Santi

SITE INFORMATION

About the Facility

Dedicated in 2005, the Bill and Mae McCorkle Aquatic Pavilion consists of the Mike Peppe Natatorium and the Ron O'Brien Diving Well. The pavilion features seating for 1,500 and a 50-meter by 10 lanes competition pool, with two movable bulkheads so that two 25-yard pools can be set up. The competition courses have been certified by US Masters Swimming and USA Swimming in accordance with USA Swimming 104.2.2C(4). The copy of such certification is on file with USA Swimming and Ohio Swimming, Inc.

The water depth of the south competition pool is 9 1/2 feet at start end and 12 feet at the turn end. The water depth of the north competition pool is 7 feet at the start end and 12 feet at the turn end. During prelims and finals sessions, ten 8.1-foot-wide lanes will be used for competition. During the timed finals on Friday and prelims sessions on Saturday and Sunday, ten 25-meter lanes will be available in the diving well for warmups.

McCorkle Aquatic Pavilion has hosted regional, state, and national championship meets for all levels of swimming. In the 2017-18 season alone, McCorkle was host to the USA Winter Nationals, the 2018 BIG 10 Women's Swimming and Diving Championships and the 2018 NCAA Women's Swimming and Diving Championships, and the USA Swimming TYR Pro Series.

Tentative Parking Information

Parking passes will be provided to officials, meet administration, vendors, and other staff.

Thursday Evening & Friday Morning

Parking will be available at an hourly rate at the Tuttle Park Place Garage and the Lane Avenue Garage.

Garage Addresses

Tuttle Park Place Garage
2050 Tuttle Park Drive

Friday (after 4:01 p.m.) & All Day Saturday and Sunday

Parking will be available at the Neil Avenue Garage at either an hourly rate or at the rate of \$5 per entry on the way into the garage. Please be prepared with exact change in case pre-paid entry is required to keep traffic moving.

Lane Avenue Garage
2105 Neil Avenue and
Tuttle Park Place

Neil Avenue
1847 Neil Avenue

Your Patience Please

There will likely be a line formed to exit, so please exercise patience when exiting the garage. **If you did not pay on the way into the garage, please be prepared to pay by credit card when you exit. Paying by credit card will allow transactions to occur more efficiently than cash transactions.**

Those who wish to avoid the possibility of experiencing a wait to exit the garage, or who would like to pay a flat rate, should park legally in an A, B, or C parking space in the Ohio Stadium lot (unrestricted spaces only) and pay the Pay-n-Display machine by credit card before parking. Parking passes should be displayed as directed.

Hourly Parking Details and Maps

Hourly parking rates vary based on duration but is capped at a daily maximum of \$13.75 after 4 hours. Further parking information can be found on the Club Swimming on Ohio State's website linked on the front page of the meet packet.

Hotel Information

Hotel Block Booking Information is located on Club Swimming at Ohio State's website on the front page of the meet packet. This document will be updated as there is a need for more availability. If you have any hotel questions or need assistance, please contact Chris Merritt from Groups360 at 727-741-0597 or chris.merritt@groups360.com.

MEET SCHEDULE

Swimming

	Prelims		Finals	
	Warm-Up	Start	Warm-Up	Start
Friday			4:00pm	5:30pm
Saturday	7:00am	9:00am	5:00pm	6:00pm
Sunday	7:00am	9:00am	Approx. 2 hours after prelims (~3pm)	Approx. 3 hours after prelims (~4pm)

There will be a warmup period from 8:00 PM to 10:00 PM on Thursday, March 28, 2019. Depending on interest from teams, we may need to assign warmup groups for this session.

The Meet Director reserves the right to modify start times based on the number of entries.

Friday timed finals and Sunday prelims: all Women's events will be held in the South Pool (diving well end), and all Men's events will be held in the North Pool (scoreboard end).

Saturday prelims: all Women's events will be held in North Pool (scoreboard end) and all Men's events will be held in the South Pool (diving well end).

Saturday and Sunday finals will be held in the South Pool.

Pool Deck Hours

The pool deck will be open no earlier than 30 minutes prior to the start of warm-ups and no later than 10 minutes prior to the start of warm-ups.

Presidents/Coaches Meetings

Presidents/coaches meetings will occur daily as follows. Every reasonable effort will be made to notify clubs of any changes. The Officials Room is located on the pool deck under the scoreboard.

Friday	4:00pm, Officials Room
Saturday	8:30am, Officials Room
Sunday	7:30am, Officials Room

ORDER OF EVENTS

Women	Event	Men
Friday – Timed Finals		
1	4x200 Freestyle Relay	2
3	400 Individual Medley	4
5	200 Backstroke	6
7	200 Butterfly	8
9	200 Breaststroke	10
11	500 Freestyle	12
13	4x100 Medley Relay	14
Saturday – Prelims/Finals		
15	4x50 Medley Relay	16
17	50 Butterfly	18
19	200 Individual Medley	20
21	50 Freestyle	22
23	100 Breaststroke	24
25	200 Freestyle	26
27	100 Backstroke	28
29	4x100 Freestyle Relay	30
31	1000 Freestyle	32
Sunday – Prelims/Finals		
33	50 Backstroke	34
35	100 Butterfly	36
37	50 Breaststroke	38
39	100 Freestyle	40
41	100 Individual Medley	42
43	4x50 Freestyle Relay	44
45	4x50 Mixed Surprise Relay	45

Notes on the Order of Events

1. The following events will be swum as timed finals events:
 - a. 200 backstroke, 200 butterfly, 200 breaststroke
 - b. 400 IM, 500 freestyle, 1000 freestyle (distance events)
 - c. Relays: 4x200 freestyle relays, 4x100 medley relays
2. The following events will be swum fastest to slowest:
 - a. 400 IM, 500 freestyle, 1000 freestyle (distance events)
 - b. All other individual events will be swum slowest to fastest. Relays will also be swum slowest to fastest.
3. The 4x50 freestyle relay, 4x100 freestyle relay, and 4x50 medley relay will be prelims/finals events.
 - a. Clubs may change the order and/or composition of these relays between the prelims and finals sessions. Relay cards will be provided to each club.
4. There are no longer bonus events at Nationals. Swimmers must qualify for each event they wish to swim.
5. More information regarding the 4x50 Mixed Surprise Relay will be published at a later date.

ATHLETE ELIGIBILITY

As per the College Club Swimming Governance Handbook, Section 2.2 Swimming Competition:

Eligibility of Swimmers

- Any swimmer who has gone through the CCS swimmer registration process and meets the CCS eligibility requirements (in section 3.2 of the Governance Handbook) will be eligible to have their times in the CCS database.
- Any swimmer who swims with a college club program, but isn't registered with CCS, may participate in nonregional or national championship meets but their times will not be reflected in the CCS database.
- Any swimmer who is currently on a varsity team or has competed in a varsity meet in the current academic year may only compete as an exhibition swimmer at the local level and is not eligible for regional or national competition.
- Any swimmer who does not meet the NCAA amateurism eligibility standards may only compete as an exhibition swimmer at the local level and is not eligible for regional or national competition.

Relays

- Relay teams must be composed of four registered CCS swimmers who swim on the same registered CCS club.
- Men's relays must be composed of 4 male swimmers. Women's relays must be composed of 4 female swimmers.

As per the College Club Swimming Governance Handbook, Section 3.2 Membership of Individuals:

The club and its university or college decides who can be a member of their local club team. The below definition is only for eligibility as a nationally-registered CCS swimmer, who will be listed in the CCS database.

To be an individual CCS member, a swimmer needs to be a member of a CCS registered club. They can only be a member of one registered CCS club at a time. The swimmer must also meet the following requirements:

- Is at least 18 years old on the day of CCS registration.
- The member is in good standing with a CCS club affiliated with a university or college.
- The member is affiliated with the university as a full-time or part-time undergraduate or graduate student in the current academic term, a full-time co-op/intern student or faculty and staff in the current term.

For any additional questions, please refer to the College Club Swimming Governance Handbook.

CHAMPIONSHIP POLICIES

Swimming Rules & Regulations

The 2019 College Club Swimming National Championships will follow US Masters Swimming Rules for starts, strokes, turns, relays, and disqualifications. USA-S/USMS certified officials will be onsite to ensure compliance.

Specific rules to make note of include:

- Swimwear for Competition
 - Swimwear shall include only one swimsuit, no more than two caps, goggles, and a nose clip and/or ear plugs if desired.
 - Only swimsuits complying with FINA swimsuit specifications may be worn. Suits with tie-backs or other fasteners, are NOT permitted for competition.
 - Medical tape on the body is not permitted unless approved by the meet referee. K-tape on shoulders, elbows, or knees is never permitted.
 - Violation of any of these rules may result in disqualification. Exceptions may apply for extenuating circumstances at the discretion of the meet referee.
- Protests
 - Protests regarding disqualifications or recorded times shall be submitted to the meet referee within 30 minutes of the event. Protests regarding the conduct of the meet shall be submitted in writing to the designated meet official onsite. If the protest is with the referee, a formal complaint must be sent to collegeclub@usmastersswimming.org within 5 days of the event.

This championship meet is in the process of being officially recognized by United States Masters Swimming and USA Swimming. Times achieved at this event may be considered for USMS national records and Top Ten times for USMS members, and qualification for other USA Swimming Events. Swimmers wishing to have their times must submit their USMS ID# or USA Swimming ID when submitting their entries.

Swim-Off Policy

In the case of ties in preliminary competition which affect the placement of swimmers in finals, USA Swimming swim-off rules shall apply.

Deck Entry Policy

No deck entries will be accepted for individual events, nor for relay events. Swimmers must enter the events they wish to swim no later than the late entry deadline found on the front page of this meet packet or on Page 16.

Relay Line-Up Policy

Each club will be given the following upon checking in at the meet:

- One (1) relay card for each A and B relay competing in the 4x200 free and 4x100 medley relays
- Two (2) relay cards for each A relay and one (1) relay card for each B relay competing in the 4x100 free, 4x50 medley, and 4x50 free relays

The first relay card for all relays will be used to make any changes (if desired) to the line-up prior to the appropriate timed finals/prelims session. It is the responsibility of the president, or another club representative, to submit the correct relay card with the final relay line-up to the clerk of course no later than 1 hour prior to the start of the appropriate timed finals or prelims session. After this time, no changes can be made to that relay's line-up.

The second relay card for the A 4x100 free, 4x50 medley, and 4x50 free relays will be used to make changes to the line-up should the A relay place in the top 20 and qualify for finals. It is the responsibility of the president, or another club representative, to submit the correct relay card with the final relay line-up to the clerk of course no later than 1 hour prior to the start of that evening's finals session. After this time, no changes can be made to that relay's line-up. As a reminder, swimmers who competed in the B relay in prelims or did not compete in the relay at all in prelims are eligible to swim in the A relay in finals.

Scratch Policy

For all individual events that swim in prelims and finals, a scratch policy will be applicable. After results for prelim competition of an event are posted at the clerk of course, swimmers will have 30 minutes from the announcement of results to declare their intentions for finals. Regardless of where a swimmer places in prelim competition, the swimmer and/or the swimmer's club should scratch if the intention is to NOT return to finals that evening (ex: even if a swimmer places 80th, and only the top 20 make finals, the swimmer should scratch).

Scratching will take place in the following manner:

1. The swimmer or another club representative must print and sign their name, the date, and the event on a designated scratch sheet at the clerk of course table within 30 minutes of posting prelim results on behalf of the scratching swimmer.
 - a. A swimmer may declare their *intent* to scratch depending on the swimmer's standing in future event(s) on the same day, but it is the responsibility of the swimmer to update the Clerk of Course of their intentions following the event(s) they specified.
2. If an entire club is not planning on returning to a finals session, the club president or another representative is responsible for notifying the Clerk of Course and signing off on a club scratch.

If a swimmer and/or the swimmer's club fails to scratch and appears in the finals line-up, whether or not the swimmer was originally in the top 20 or not, the swimmer is expected to compete at finals. If the swimmer does not swim at finals, the swimmer's club will be charged \$10 per event not swum. However, the swimmer(s) will still be able to compete in subsequent days. Exceptions to this rule include injury and illness, in which the meet referee must be notified and will use discretion to accept proof thereof.

Scoring

Scoring will be on a 20-place basis. Except in timed final events, points for 1st through 10th place shall be awarded solely on the basis of a championship final. Points for 11th through 20th place shall be awarded solely on the basis of a consolation final. Only 3 swimmers per club are allowed to score in a single individual event. If more than 3 swimmers from a single club qualify for finals, the three swimmers who place the highest will receive points for that club. Any points scored by swimmers below the top three on their club will be forfeited and given to the next eligible finisher. Only A relays may qualify for finals and score points. Points awarded for each place are as follows:

Place	Championship Final										Consolation Final									
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Ind. Events	25	22	20	18	17	16	15	14	13	12	10	9	8	7	6	5	4	3	2	1
Relays	50	44	40	36	34	32	30	28	26	24	20	18	16	14	12	10	8	6	4	2

Awards

Individual medals will be awarded to the top three finishers in each event, and men's and women's high point awards will be given out as well. Team awards will be presented to the top five finishers in Men's, Women's, and Combined Team categories. The awards schedule will be available closer to the start of the meet.

Records

All non-exhibition swimmers competing at Nationals are eligible to break Meet Records and CCS National Records.

If a pool has moveable bulkheads or is not on the [US Masters Swimming certified list](#) and a CCS National Record or a Meet Record is broken, a pool measurement must be done after the session is over and sent to topten@usms.org.

National Records

- Records will be official at the end of the CCS registration year.

Club Absence Policy

In the case that a club which has submitted entries is no longer able to attend due to extenuating circumstances, the club is still responsible for paying 100% of their meet fees incurred upon entry. No exceptions will be made.

Additional Policies to Note

1. Swimmers will be responsible for swimming in their assigned events, heats and lanes.
2. The Meet Referee may elect to change and/or combine heats and determine the need to do "fly-over" starts. Every reasonable effort will be made to notify clubs of any changes.
3. The no-recall starting protocol will be in effect during this meet.
4. Spectators are prohibited from entering the pool deck area of the facility. The pool deck is reserved for: athletes, coaches, officials, assigned timers and other recognized, credentialed volunteers.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits (except for drag suits) other than in locker rooms is not appropriate and is prohibited.
6. DECK CHANGES ARE PROHIBITED and can result in an offending competitor's removal from the meet.
7. Operation of a drone, or any other flying apparatus, is prohibited within the venue (pools, athletic/coaches' areas, spectator areas and, if present, open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Officials Policies

Club Swimming at Ohio State welcomes and appreciates the help of visiting officials. If you are currently USA Swimming, US Masters Swimming, or YMCA Swimming certified and willing to help officiate the meet, please send an email to tmantkowski@mindspring.com indicating your certification level and the sessions you are available.

1. Officials are required to attend an officials' briefing before each session they are assigned to work.
2. Officials meetings will take place 45 minutes before the beginning of each competitive session, except on Friday, March 29, when this meeting will take place 60 minutes before the scheduled competitive session number 1.
3. Officials uniforms for PRELIMINARY sessions will consist of: white, collared shirt (e.g. polo) over navy shorts, skirts or slacks, with white shoes and white socks.
4. Officials uniforms for the two FINALS sessions--- white over blue. No shorts, please.

ENTERING THE MEET

Qualification Period & Procedures

The qualification period will be defined as the week after the preceding year's National Championship until one month before the current year's National Championship. For 2019 Nationals, athletes may qualify beginning April 15, 2018 up until March 3, 2019.

As per the College Club Swimming Governance Handbook:

2.3 Meet Procedures

Results

- It is the responsibility of the event director to submit the event results in either .SD3, .CL2, or HY3 format to collegeclub@usmastersswimming.org within 7 days of the event.

2.4 Championship Meets:

Acceptable Times for Meet Entry

- Only times in the CCS database will be acceptable times to qualify for the National Championship.

2.5 Records and Top 10 Times

Required Information

- Only times achieved in CCS recognized meets will go into the CCS database.

These rules mean that in order to qualify for Nationals, 1) the swimmer must be registered with a CCS member club, 2) the swimmer must compete for said club and meet the qualifying standard for an event in a CCS-recognized meet, and 3) the host club must submit results to collegeclub@usmastersswimming.org within 7 days after the meet.

CCS-Recognized Event Results Submission

As per the College Club Swimming Governance Handbook, Section 2.2 Swimming Competition

Recognized meets

- A recognized CCS meet is any event that applies for and receives a recognition through collegeclubswimming.com.
- Recognized meets must follow the [U.S. Masters Swimming Rules](#) on starts, strokes and relays with at least one person on deck acting as a starter and/or referee.

- Times achieved at recognized CCS meets may be considered for CCS records and top 10 times, provided the swimmers are members of CCS prior to the start of the meet.
- Only times achieved at CCS recognized meets will be eligible for CCS Nationals qualifications.
- Recognized meets must be swum in a USMS certified pool.
- It is the responsibility of the event director to submit the event results in either .SD3, .CL2, or .HY3 format to collegeclub@usmastersswimming.org.

As a reminder, results from recognized meets MUST be submitted to the email above no later than 7 days after the meet occurs in order for those meet results to be eligible for Nationals qualification purposes. **Please note though that if any meets are conducted on Saturday, March 2nd or Sunday, March 3rd 2019 the meet results must be submitted to collegeclub@usmastersswimming.org by 11:59pm EST on Thursday, March 7th in order to count towards Nationals qualifications.**

Event Limitations

Individual Events

Swimmers may be entered in a maximum of 4 individual events. Swimmers must meet the qualifying time standard for each event they wish to swim at the 2019 National Championships. No bonus events will be allowed.

Relays

Each club may enter up to 2 relay teams for each relay event (A and B). Only the A relay is eligible to score points or receive awards. Swimmers may be entered in a maximum of 5 relay events but may only participate on an A or B relay within a given relay event during a single session. For example, for the Saturday and Sunday relay events, swimmers may swim in the B relay during prelims and in the A relay during finals, provided their club submits a relay card updating their finals line-up in the time allotted. Swimmers may not swim in both the A and B relays in a relay event during prelims. Swimmers must qualify in an individual event to participate on a relay.

Entry Fees

Swimming

\$17 per swimmer up to 35 swimmers, then \$7 for each additional swimmer

\$6 per relay entry

Late Entry Fee

If additional athletes are added to a club's roster or a swimmer's meet schedule is changed by adding events or switching events after the March 13, 2019 at 11:59pm EST athlete entry deadline, a \$100 fee will be incurred.

ENTRY PROCEDURES

Athlete Entry Deadline: March 13, 2019 at 11:59pm EST

Each individual swimmer who is planning on competing at Nationals will have until this deadline to register themselves for up to 4 individual events for which they have qualified. All swimming entries should be submitted through CCS by way of Club Assistant's online entry system. See Appendix A on page 20 to view instructions for the entry process.

President/Coach Confirmation Period: March 14 – March 17, 2019 at 11:59pm EST

During this time, the club president/coach will review their individual members' entries, put together relay entries, pay entry fees, and submit all entries. Presidents/Coaches may alter relay seed times. Presidents/Coaches may not alter an entry time for any individual event other than the 1000 free.

If a club adds an athlete to their meet roster or adds an event to or changes a swimmer's meet schedule during the confirmation period, the club will be responsible for paying a \$100 late entry fee. Change requests during this period must be sent to collegeclub@usmastersswimming.org. The time between the entry deadlines and the meet is much shorter than in previous years, so there will be no exceptions to this policy.

Final Entry Change Deadline: March 20, 2019 at 11:59pm EST

Following these entry deadlines, clubs who have already submitted their meet entries will have the option to make final changes to their entries by emailing the meet director at nationals.csosu@gmail.com. Changes can and should primarily be made during the confirmation period (March 14-17), but any last-minute changes must be made no later than March 20, 2019 at 11:59pm EST. The only allowable final changes that can be made are the same as detailed above under President/Coach Confirmation Period.

VOLUNTEER REQUIREMENTS

Each club should expect to cover 1 volunteer shift for every 10 athletes in attendance. The person filling the shift may be:

1. one of your athletes. – All swimmers will not be swimming in every session.
2. a parent, friend, or spectator attending to support your club. – We highly encourage this option as it gives spectators an up-close view of the action and takes stress off your club.

Each shift in prelims will last no longer than 2 hours, though finals and timed finals shifts may be longer. Volunteers will be provided drinks and snacks during their shifts, and relief volunteers will be assigned to each competition pool. Volunteer sign-ups will be released closer to the meet date and will be done on a first-come, first-serve basis. It will be up to your club to distribute the information to parents, friends, and spectators if you wish for them to fill your volunteer slots.

This requirement has potential to change – if anything, the number of volunteers each club is required to provide will lessen, not grow. Updates will be provided in the spring, but plan on providing volunteers as the requirement above is written.

QUALIFYING STANDARDS

Women	Event	Men
27.89	50 Freestyle	23.89
1:03.79	100 Freestyle	53.59
2:19.59	200 Freestyle	1:57.99
5:54.99	500 Freestyle	5:21.89
must qualify for the 500	1000 Freestyle	must qualify for the 500
33.29	50 Backstroke	29.69
1:12.39	100 Backstroke	1:01.39
2:28.89	200 Backstroke	2:14.99
37.29	50 Breaststroke	31.59
1:21.59	100 Breaststroke	1:09.19
2:52.49	200 Breaststroke	2:32.49
31.19	50 Butterfly	26.49
1:09.79	100 Butterfly	58.89
2:34.09	200 Butterfly	2:13.79
1:11.29	100 Individual Medley	1:02.09
2:34.99	200 Individual Medley	2:14.59
5:46.99	400 Individual Medley	4:51.99
A & B entries only	4x50 Freestyle Relay	A & B entries only
A & B entries only	4x100 Freestyle Relay	A & B entries only
A & B entries only	4x200 Freestyle Relay	A & B entries only
A & B entries only	4x50 Medley Relay	A & B entries only
A & B entries only	4x100 Medley Relay	A & B entries only

APPENDIX A: SWIMMER REGISTRATION

Enter your CCS login information in the Swimmer Login from the homepage of the CCS website. Swimmers' login information can be found in an email from CCS regarding USMS bridge membership that was sent on Wednesday, February 8, 2019



Member Login

Login Name

Password

Login

[Login & Password Retrieval](#)

Click either the Swim Competitions or Declarations Open link.

A screenshot of the College Club Swimming Membership Portal homepage. The page has a dark blue header with the "COLLEGE CLUB SWIMMING U.S. MASTERS SWIMMING" logo. Below the logo is a navigation bar with links: "Home", "Shopping Cart", "Swim Competitions" (circled in red), and "Onshalee Tests". The main content area has a white background. It starts with an "Announcement" section titled "Welcome to the College Club Swimming Membership Portal!" followed by a paragraph about declaring attendance and a link to "collegeclub@usmastersswimming.org". Below this is a "Swim Competitions" section with a table. The table has three columns: "Dates", "Name", and "Declaration". The first row shows "Fri, 03/29/2019-Sun, 03/31/2019", "2019 College Club Swimming National Championship", and "Declaration Opens Tue, 02/12/2019 12:00 AM" (circled in red). At the bottom, there is a "Thank you for being a registered USMS Bridge Member!" message, a footer with copyright information, and links for "Home", "Swim Competitions", "Change Login Name/Password", "Contact", and "Privacy".

- 1) To indicate availability for a relay, check the box. This does NOT put you on a relay as the final relays will be compiled by the coach/president.
- 2) To enter an event, you must have previously swum the event during the season in a CCS recognized meet and have the time entered in the database. Click on the previously swum time in order to select to enter that event.
- 3) To remove yourself from an event, click the trashcan icon to remove the entry time.
- 4) If you have a qualifying time for the 500 Free, you may manually enter a time for the 1000 Free.

Saturday, April 7, 2018
 Session 3: Saturday Finals
 Warm-up starts at 5:00 PM | Meet starts at 6:00 PM | Meet ends at 9:00 PM

#	Sex	Event	Qualifying Time	Entry Time min:sec.hun	Previous Times
18	Males	200 Y Medley Relay	1	<input checked="" type="checkbox"/> I am available for this relay	
20	Males	50 Y Fly	0:26.99	<input type="text" value="0"/> : <input type="text" value="26"/> . <input type="text" value="94"/> SCY	2 26.94
22	Males	200 Y IM	2:15.79	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY	
24	Males	50 Y Free	0:24.09	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY	23.35
26	Males	100 Y Breast	1:10.09	<input type="text" value="1"/> : <input type="text" value="03"/> . <input type="text" value="53"/> SCY	3 1:03.53
28	Males	200 Y Free	1:58.79	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY	
30	Males	100 Y Back	1:02.09	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY	
32	Males	400 Y Free Relay		<input checked="" type="checkbox"/> I am available for this relay	
34	Males	1000 Y Free	4	<input type="text"/> : <input type="text"/> . <input type="text"/> SCY	

Sunday, April 8, 2018
 Session 5: Sunday Finals
 Warm-up starts at 3:00 PM | Meet starts at 4:00 PM | Meet ends at 7:00 PM

Submit entries when complete. Please note that by completing these steps, your entries are not finalized. Your coach will finalize all club entries and compile relays during the confirmation process between March 14-17.

If you have any questions, please contact collegeclub@usmastersswimming.org.

Reminders:

Athlete Entry Deadline: March 13, 2019 at 11:59pm EST

→ Any swimmers who register after the entry deadline will subject their team to a \$100 late fee.

Entry Change Deadline: March 17, 2019 at 11:59pm EST

→ Presidents/coaches will be able to make changes to entries during the confirmation process and once an initial psych sheet is released, up until this deadline.